

Original Paper

Research on the Cultivation of College Students' National Spirit from the Perspective of the Chinese Dream

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Abstract

Chinese college students are the future of the vigorous development of the motherland, the expectation of the Chinese nation, the successors and builders of the domestic socialist modernization cause, and the main bearers and practitioners of the Chinese dream. The cultivation of college students' own national cultural spirit is not only related to the overall development of individuals, but also closely related to the future prospects of our country and the survival and development of the entire ethnic minority. Therefore, the cultivation of the national cultural spirit of our college students in the perspective of the Chinese Dream can improve the majority of college students' sense of identity with the Chinese national culture, adhere to the Marxist ideal, unswervingly take the correct confidence of the socialist line with Chinese characteristics, and actively participate in the grand practice of achieving the Chinese Dream, thus serving as the backbone of the implementation of the Chinese Dream.

Keywords

Chinese dream, College students, National spirit

1. The Relationship between the Chinese Dream and the Cultivation of College Students' National Spirit

College students are the main force to realize the Chinese dream, and the level of national culture training in colleges and universities directly affects whether the Chinese dream is realized. The Chinese Dream has played an important role in guiding them to set their life goals and realize their correct values. The cultural and educational level of colleges and universities is also an important guarantee for realizing the Chinese Dream.

1.1 The Chinese Dream has Important Guiding Significance for the Cultivation of College Students' National Spirit

To realize the Chinese Dream, we must inherit and cultivate the spirit of the Chinese nation, and we must firmly follow the Chinese development path. The Chinese Dream is the cornerstone of the cultivation of the Chinese national spirit of college students, and their development cannot be separated from good ideological education and faith guidance (Zhu, Zhang, & Ye, 2022). Lack of belief can easily lead to "calcium deficiency" in mental state. The Chinese Dream is a lofty ideal that our Party must firmly implement. The construction of socialism with Chinese characteristics is the best way for our party to lead our people through the difficulties and dangers to implement the Chinese Dream, and also the personal ideal that the majority of young people must firmly establish. And good ideals and beliefs cannot be separated from the guidance of the Chinese Dream, which also requires the inheritance and development of national spirit education under the guidance of the Chinese Dream, and also plays a huge leading role in the cultivation of the national spirit of young people.

1.2 The Chinese Dream is Enlightening to the Cultivation of College Students' National Spirit

The cultivation of national culture in colleges and universities from the perspective of the Chinese Dream is a long-term process. The cultural cultivation of college students should not only inherit and carry forward the connotation of the Chinese national culture, but also carry out new characteristics of the times according to the special nature of college students. The research on the cultivation of college students' national spirit from the perspective of the Chinese Dream will help to further strengthen the faith of Chinese college students in realizing the national dream. The Chinese Dream is the personal ideal of all Chinese people, including college students, and has strong cohesion. Therefore, in addition to guiding the cultivation of college students' national spirit, the Chinese Dream is also further influencing and exerting the educational content and characteristics of the Chinese national spirit. In the process of cultivating college students' national spirit, we should cultivate college students' sense of identity with the motherland, stimulate their patriotic enthusiasm, and strengthen their confidence in realizing the great national ideal of the rejuvenation of the Chinese nation. Guide every college student to establish a correct concept of honor and disgrace, and recognize that their own development is closely related to the motherland, so that every college student is soberly aware that completing the brilliant Chinese dream of the Chinese nation is the most prominent topic in contemporary patriotism teaching, and actively and actively participate in the grand blueprint of completing the Chinese dream, and contribute their own wisdom and wisdom to the rejuvenation of China. The Chinese Dream not only enriches and guides the goal and direction of cultivating college students' national spirit, but also innovates the new concept of Chinese national culture in the current era. They will continue to enrich their cultural knowledge, gain ideological enlightenment, cultivate noble life aspirations, and become builders of the Chinese national spirit and practitioners of the Chinese dream in the process of carrying out the education of the Chinese national spirit.

1.3 The Cultivation of College Students' National Spirit is an Important Guarantee for Realizing the Chinese Dream

The spirit of the Chinese nation gathers the ideological and cultural essence of the Chinese people of all ethnic groups, and lays a strong national strength foundation for the Chinese nation to stand in the global forest for a long time. No matter in the difficult times of the revolutionary period or under the current pluralistic economic and political situation, it is the common aspiration of every college student to realize the brilliant Chinese dream of the Chinese nation, and this long-cherished aspiration is also inseparable from the Chinese national spirit with great social security significance. College students are the mainstay to complete the dream of the Chinese nation, and carrying out education on the spirit of the Chinese nation for college students can improve the cohesion of the Chinese nation (Wang, 2022). To make the majority of college students more aware that today, when we have fulfilled the glorious Chinese dream of the Chinese nation, as long as we hold high the banner of the Chinese nation's spirit, work hard and strive hard, the glorious of the Chinese nation will be realized.

2. The Significance of Cultivating College Students' National Spirit from the Perspective of the Chinese Dream

2.1 Helps to Stimulate College Students' Own Patriotic Feelings

With the development of the times, although the educational content of the Chinese national spirit continues to add new connotations, its spiritual core is always patriotism. In the difficult history of the development and expansion of the Chinese nation, many Chinese children have shed their blood and opened up a new path of development with their own lives. Cultivating the Chinese national spirit of college students under the vision of the Chinese Dream urges Chinese college students to further strengthen their sense of belonging to the fate of the motherland and the sense of honor of the Chinese nation in the process of striving to realize their life dreams, and actively integrate their own aspirations and personal aspirations to complete the Chinese Dream, and make further efforts in this direction. Chinese college students are the spiritual subject of the vast majority of young people, and the leading group and backbone of promoting the development and progress of China's current era. The behavior of college students affects the development of society. Lead the students to start from themselves, integrate patriotism into their hearts, serve the motherland, and incorporate their personal ideals into the dream of rejuvenation of the Chinese nation, and contribute to the Chinese dream of promoting the great rejuvenation of the Chinese nation.

2.2 It is Helpful to Stimulate College Students to form Scientific Outlook on Life and Values

The college campus period is the most important critical period for each student's life growth, and the level of higher education received during the college campus period also directly affects the formation of individuals and values. The proposal of the Chinese Dream has provided college students with a correct outlook on life and the right direction of values. In the current era of rapid social and economic development, it is far from enough to only master book knowledge. What is more important is to have

noble moral character so as to find the right direction in college life and grow physically and mentally. Due to the continuous deepening of China's reform and opening up, some new western concepts have been introduced into China, and have been impacted by it. Some college students themselves have the problem of deviation in their outlook on life and values, and blind obedience to self-confidence and self-interest and money-worship are rampant. This not only hinders the development of Chinese college students' thinking, but also continues to erode the healthy formation of their outlook on life and values. Therefore, China's contemporary higher education should pay more attention to the cultivation of college students' own national spirit. In the process of inheriting and cultivating college students' own national spirit, they should not only understand the learning methods, but also the most important thing is to find the correct way of life and establish the correct life goals. The Chinese Dream provides strong cultural support and reliable knowledge guarantee for college students to form a correct outlook on life and values. It allows every college student to internalize the accepted cultural and spiritual knowledge into belief and externalize into action, closely combine the Chinese Dream with the cultivation of cultural spirit in colleges and universities, publicize the Chinese Dream among college students, promote the cultivation of the Chinese national spirit, and disseminate the Chinese national culture, Create a vigorous and upward environment among college students to promote their scientific outlook on life and values.

2.3 Helping to Promote the Realization of the Chinese Dream of National Rejuvenation

At present, the education of national spirit is also the education of excellent traditional culture, and schools have become an important place for the education of Chinese culture. The education of national essence culture has a great impact on the healthy growth of our college students and the cultivation of elegant personality. College students inherit and carry forward the essence of the excellent traditional culture of the Chinese nation. The school enriches the daily life of our college students, cultivates their own aesthetic ability, increases the recognition of our college students for the Chinese national culture, and improves the Chinese national spirit of college students by holding educational activities of the excellent traditional culture of the Chinese nation. College students are the hope of the nation. With the continuous accumulation of knowledge and the continuous improvement of their own cultural level, the continuous accumulation of professional knowledge and the increasing improvement of their social civilization, as well as the gradual enhancement of their emotions and the gradual improvement of their personality and morality, young people's understanding of traditional excellent culture will also be increasingly enhanced. The Chinese Dream is the dream of the Chinese nation and the dream of cultural rejuvenation. Different choices determine different paths, and different paths also determine different fates. Only the right path can enable a Chinese nation to achieve leapfrog growth. As the main communicators of the Chinese national spirit, we college students need their unremitting efforts in the process of pursuing the dream, It is also inseparable from the inheritance and development of their Chinese national spirit.

3. Problems in the Cultivation of College Students' National Spirit from the Perspective of the Chinese Dream

3.1 Inadequate Combination of College Students' National Spirit Cultivation Content and the Chinese Dream

The cultivation and dissemination of college students' national spirit cannot be separated from the teaching content of textbooks, and the content of textbooks should also reflect the essence of the information age and keep pace with the times. However, in the context of the Chinese Dream, the teaching content of college students' national spirit education is often not integrated with the context of the Chinese Dream. Because the Chinese Dream is the common ideal of all ethnic groups in China, including college students, the teaching content used in current university education is often different from the needs of the development trend of the information age, and the rate of teaching content innovation is relatively slow, and the new theory based on the Chinese Dream cannot be further improved. At the same time, college students are also in the age of actively pursuing the dream, and their understanding of the Chinese dream can also provide guidance to college students. However, in the current education curriculum, the exploration and analysis of the connotation of the Chinese dream is not comprehensive and profound enough, and there is no complete and comprehensive education. Secondly, the education of national spirit in colleges and universities takes patriotism education as the core content, focuses on cultivating the will quality of independent and self-reliant college students, and ignores the cultivation of self-confidence of the Chinese nation, which is contrary to the specific needs of the Chinese Dream, which also affects the self-development of college students to a certain extent, and even affects the realization process of the Chinese Dream.

3.2 The Method of Cultivating College Students' National Spirit is Relatively Simple

The cultivation of the Chinese national spirit by college students from the perspective of the Chinese Dream includes not only the traditional spirit of China, but also the spirit of the times. In the ideological education activities for college students on the issue of realizing the great socialist Chinese nation, the more traditional education methods have become a key aspect that restricts the overall education work to achieve certain results. As an important subject to realize the dream of the great Chinese nation of socialism, college students should carry out the education of the spirit of the Chinese nation, which is also the key to achieve the brilliant Chinese dream of the Chinese nation. At present, most of the ways colleges and universities carry out the education of the Chinese national spirit for college students are classroom political education, and in most cases, colleges and universities only carry out the training of the Chinese national spirit in the classroom. Because of the monotonous content of this way, the project of the training of the Chinese national spirit is not effective and attractive, thus improving the difficulty of students to achieve the expected goal of the project, It also makes them unable to realize the dream of the great Chinese nation if they cannot really feel the connotation of the Chinese national spirit. It can be seen that the relatively simple way to cultivate ethnic culture in colleges and universities will reduce their acceptance of ethnic culture and their

enthusiasm to achieve the rejuvenation of the Chinese dream of ethnic minorities. Therefore, the ways to cultivate the minority culture of college students are worthy of further exploration.

3.3 The Cultivation of College Students' National Spirit Lacks Corresponding Guarantee

First of all, in the perspective of the Chinese Dream, the cultivation of college students' national spirit lacks the support of teachers. The quality of the teaching staff is directly related to the quality of teaching, and in a great sense determines the effectiveness of the cultivation of national spirit in Chinese universities. Therefore, improving the overall quality of college teachers is essential to the cultivation of college national spirit. Local colleges and universities have not paid enough attention to the strengthening of the teaching staff, and the level of professional knowledge reserves and cultural teaching skills of teachers themselves is uneven. Colleges and universities have failed to establish a standardized teaching evaluation system, and failed to unify the tasks and requirements of national spirit cultivation in colleges and universities, weakening the role of national spirit cultivation in colleges and universities. Secondly, there is no financial guarantee for the cultivation of college students' national spirit from the perspective of the Chinese Dream (Jiang, 2020). At present, although many colleges and universities have begun to increase investment in the national spirit training projects for college students, the current investment cannot meet the needs of the national spirit training projects for college students and the requirements of talents to realize the dream of a big country. There is a phenomenon of imperfect modern equipment and instruments for college students in the education environment. Minority culture education in colleges and universities needs excellent books and reference rooms as teaching materials resources, excellent instruments and equipment for support, scientific research funds for research and social research, and scientific support and practical data for minority culture education research in colleges and universities.

4. Countermeasures for the Development of College Students' National Spirit Cultivation from the Perspective of the Chinese Dream

4.1 Strengthen the Combination of College Students' National Spirit Cultivation and the Chinese Dream

The combination of national spirit education in colleges and universities and the Chinese Dream is reflected in the interaction between ideological education and practice. In the process of the development of national spirit education in colleges and universities, we should adjust the content of teaching materials, and the way and requirements of combining the ideological education of primary and secondary students to the nation with the Chinese dream in the way of classroom and theoretical education are the latest at present (Du, Jiang, & Chen, 2020). There should be reasonable communication and interaction between teachers to arouse the interest and enthusiasm of students to pay attention to this topic, so as to achieve the overall educational effect. Secondly, the national spirit education of primary and secondary school students should be student-centered. Through educational experiments on national culture and the implementation of the Chinese Dream and other related topics,

they should be personally involved in it, so as to deeply understand China with empathy, understand the Chinese national culture, and explore the ways to implement the Chinese Dream. Real people realize that only by putting their personal ideals into the ranks can they truly realize their personal ideals and reflect their values in the process of implementing the Chinese Dream.

4.2 Create a Good Atmosphere for Cultivating College Students' National Spirit

4.2.1 Carry Forward the Core Socialist Values and Strengthen the Socialist Road

As the heirs and creators of the future national development, college students should shoulder the burden of hometown construction, not only enrich their minds and master advanced science and technology, but also have strong patriotic feelings to develop, linking their dreams with the dream of the great rejuvenation of the Chinese nation. And college students are not only the recipients of spreading the core socialist values, but also the organizers. In their daily life and practice, they have much time to devote themselves to practice, accumulate knowledge, contribute to social undertakings and promote the implementation of core socialist values by participating in various volunteer activities. Only from the social reality can they realize the rich connotation of the Chinese culture, consciously devote themselves to the dream of promoting the rejuvenation of the Chinese nation, and firmly take the national responsibility on the road of socialism with our characteristics.

4.2.2 Strengthen the Construction of Campus Culture and Optimize the Campus Environment

The education of college students' national spirit cannot leave the school. Paying attention to the construction of campus culture is the main guarantee for the achievement of the education of college students' national spirit. The school can arouse the awareness and interest of the majority of college students in the cultivation of ethnic minorities by carrying out cultural and recreational activities, literary and artistic exhibitions, literary poetry meetings and other noble ideological education activities on the theme of socialist civilization construction. These targeted education activities not only have strong characteristics of the times, but also are relatively close to the actual situation of college students. Therefore, it can further enhance the effectiveness of college students' national spirit education. At the same time, colleges and universities should also build their own national spirit education and training base for college students, improve the basic display of facilities by enriching educational equipment, and customize the relevant exhibition of the Chinese Dream column, which uses facts and some beautiful pictures to explain in detail what is the Chinese Dream and how to realize it. Excellent campus culture construction and good campus environment can not only enhance students' enthusiasm for participation, but also help them cultivate their sense of ownership unconsciously, thus enhancing their sense of mission to build the great Chinese dream.

4.3 Establish and Improve the Guarantee Mechanism for Cultivating College Students' National Spirit

4.3.1 Build and Improve the Talent Guarantee for the Cultivation of College Students' National Spirit

The most intuitive way to carry out national spirit education among college students is teacher teaching, so excellent teachers are also an important factor that cannot be ignored in the process of national spirit education in colleges and universities. Therefore, colleges and universities should pay attention to the

selection and training of teachers' talents to form an excellent teaching and management team. The guarantee of teachers is an important basis for national education to get on track, and excellent teachers are also of great help in correctly guiding the value orientation of college students. Therefore, colleges and universities should take a series of measures such as improving the reward and punishment system, stimulating teachers' initiative through regular professional training, and improving students' professional quality. In talent selection, teachers should not only focus on individual teaching practice ability, but also focus on students' courage to innovate, find their own advantages and be good at finding students' interests, so as to innovate teaching methods and achieve the best results. This can not only enable students to impart knowledge more efficiently in future education, but also guide students' thinking and behavior correctly, better play a leading role in life.

4.3.2 Establish and Improve the Material Guarantee for the Cultivation of College Students' National Spirit

The cultivation of ethnic minorities in higher education should also follow the pace of the society and keep pace with the times. In terms of material security, we should increase the support of the state for the spiritual education of ethnic minorities, take the ethnic social practice projects of colleges and universities as the teaching plan of the school teachers, provide sufficient funding for the teaching of school teachers, thus forming a relatively complete education mechanism (Zhang, 2019). In terms of scientific research, the educational research of minority culture needs a large amount of funds, and also needs relatively perfect teaching and research instruments to improve the effectiveness of minority culture teaching. In addition, colleges and universities also need to strengthen their investment in the field of professional research and social research. The rich materials provide the material basis for the diversification and smooth implementation of the project. A large number of social practices can help them get closer to the state of the real world, guide them to consciously form good beliefs, so that every college student can fully feel the education and nourishment of the Chinese national culture, and become a talent to build the Chinese Dream.

5. Conclusion

The research on the cultivation of college students' national spirit from the perspective of the Chinese Dream, taking patriotic teaching as the core, inheriting and carrying forward the Chinese national spirit is the main goal of college political and ideological theory teaching. The Chinese Dream is the common dream of all Chinese people, including college students, reflecting the personal aspirations of Chinese people, and has great social influence. Therefore, actively guiding college students to adhere to the correct political direction with the spirit of the Chinese nation, strengthening their sense of belonging and responsibility to the country and society, and cultivating college students to establish an accurate political world view, lifestyle, and value concept have become the strong ideological and moral cornerstone for college students to implement the Chinese Dream. By cultivating the national spirit of the times, every Chinese college student is guided to realize clearly that promoting the brilliant

Chinese dream of the Chinese nation is the most prominent subject of contemporary Chinese patriotic higher education, and actively and actively participate in the implementation of the grand blueprint of the Chinese dream, and contribute their intelligence to the revitalization of China, thus as an active practitioner of promoting the brilliant Chinese nation, accelerating and promoting the implementation of the Chinese dream.

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