

Original Paper

A Comparative Study on the Consciousness of the Chinese Nation Community of College Students in the New Era of National Traditional Sports

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Abstract

It is the fundamental intention of ethnic work in the new era to forge the consciousness of the Chinese nation community, and it is the main line of work to maintain the unity and stability of the motherland. The national traditional sports are the “living” soul with national cultural characteristics and national historical factors formed by the ancestors of ethnic minorities in the long history. It has a natural advantage for casting the consciousness of the Chinese nation community of college students. In the development and teaching of traditional ethnic sports in colleges and universities, not only can minority college students enhance the historical identity, spiritual identity and cultural identity of the Chinese nation community consciousness, but also non-minority college students can cultivate the Chinese nation community consciousness and consciously practice its purpose and requirements. In the new era, colleges and universities must give full play to the leading role of colleges and universities, the main role of college students and the guarantee role of the state and society through national traditional sports to strengthen the consciousness of the Chinese national community of college students, so as to inject inexhaustible power into the cause of national unity.

Keywords

Chinese national community consciousness, Minority college students, National traditional sports

1. Introduction

National traditional sports are the treasure and wealth of the excellent traditional sports culture of the Chinese nation, and are the “living” national cultural heritage and cultural carrier. China is a unified

multi-ethnic country. In the border ethnic areas, national sports with a long historical and cultural tradition have become an effective way to enrich people's daily life entertainment activities and condense the consciousness of the Chinese nation community. Under the new historical journey, the consciousness of building a Chinese national community must rely on both tangible material carriers and intangible spiritual culture. As a combination of the two, traditional ethnic sports have become a "bridge" to promote college students to build a strong sense of the Chinese national community. Based on this, exploring the influence of the teaching and development of traditional ethnic sports in colleges and universities on college students is not only conducive to deeply grasping the value implication of carrying forward traditional ethnic sports in colleges and universities to build up the consciousness of the Chinese nation community, but also provides new theoretical experience and practical path selection for colleges and universities in ethnic areas to use traditional ethnic sports activities to build up the consciousness of the Chinese nation community.

2. The Importance and Necessity of National Traditional Sports in the Time Domain of the Chinese Nation Community Consciousness

2.1 The Distinctive Characteristics and Important Value of National Traditional Sports

The national traditional sports are the sports activities with the national characteristics formed by the minority people in the long history. It not only effectively carries the excellent historical tradition of the nation, but also reflects the excellent national culture in a certain sense. The essence of national traditional sports is a kind of sports, but it is endowed with a series of cultural characteristics and cultural values because of its own characteristics.

First of all, the first attribute of national traditional sports is sports. The essence of national traditional sports is to carry out various types of ethnic minority sports activities, so its fundamental attributes are consistent with the attributes of sports activities, which are the necessary ways for the human body to exercise physical function and maintain physical health. Secondly, because of its own formation and development, national traditional sports have an inseparable relationship with minority people, and nationality is another significant feature. National sports activity is an external material carrier, which contains intangible national culture and national characteristics through tangible actions. Its long historical origin and distinct national characteristics together create distinct national characteristics. Thirdly, due to the settlement characteristics of ethnic minority groups, regionality has also become a distinctive feature of traditional ethnic sports. The distribution and promotion of traditional national sports are often carried out and spread in a certain regional time and space, and its regionality is particularly significant. For example, the board shoe movement in Guangxi, the gyroscope and swing in Yunnan, etc. Finally, the formation of national traditional sports is inextricably linked with minority culture, and culture as an inherent hidden feature is gradually revealed. As a kind of body folk custom in people's daily life, national traditional sports are the traditional cultural expression and cultural space inherited from generation to generation by people of all ethnic groups, and are the driving force and

source to maintain the survival and development of the nation.

Strengthening the consciousness of the Chinese nation community is the political basis and social consensus for maintaining the unity and stability of the motherland and the unity of all ethnic groups. The special attributes and cultural values of traditional ethnic sports also determine its important position in strengthening the consciousness of the Chinese nation community. In the new historical stage, the unique cultural value of national traditional sports is also actively promoting the development of the consciousness of the Chinese nation community in ethnic areas in the development of the times. It has become an effective way and powerful means to promote and strengthen the consciousness of the Chinese nation community. We must pay more attention to and make use of national traditional sports, and constantly strengthen and strengthen the consciousness of the Chinese nation community of college students under the leadership of colleges and universities.

2.2 The Internal Logical Unity of National Traditional Sports and the Consciousness of the Chinese Nation Community

It is an inevitable way and necessary means for the Chinese nation to realize great unity and build a great united front. Under the new historical conditions, national traditional sports have become the “bridge” and “blood” to promote the continuous progress and development of the consciousness of the Chinese nation community because of its own characteristics and cultural value. An in-depth analysis of the internal logical unity of the existence of national traditional sports and the consciousness of the Chinese nation community will provide a solid ideological guarantee and theoretical source for colleges and universities in ethnic areas to use national traditional sports to strengthen the consciousness of the Chinese nation community.

China is a unified multi-ethnic country. National unity is the foundation of national long-term stability and social stability. This requires that the main line of building a strong sense of community of the Chinese nation must be carried out consistently for a long time. From the political level, the national traditional sports provide a solid ideological guarantee for casting the consciousness of the Chinese nation community. In the face of the characteristics of different ethnic groups and different regional cultures, traditional ethnic sports have become a powerful carrier of culture, and traditional ethnic sports competitions have become a powerful platform for cultural exchanges. For example, in ethnic areas and border areas, various types of ethnic sports meetings will be held regularly and irregularly, and cultures will be exchanged among ethnic groups in competition and edified in entertainment. Through cultural exchanges in traditional ethnic sports events, the consciousness of the Chinese nation community has also been continuously strengthened and sublimated. On the basis of consolidating the political psychology of all ethnic groups, it has not only effectively promoted the stable development of the nation, but also vigorously promoted the unity of all ethnic groups. From the economic level, national traditional sports provide a strong economic support for building the consciousness of the Chinese nation community. The development of national traditional sports and events is the inheritance and development of national traditional culture. In recent years, with the rise of various types of ethnic

intangible cultural heritage, the economic value of traditional ethnic sports and sports events has gradually increased, which has not only attracted many investors and producers, but also promoted the development of tourism, cultural entrepreneurship and other industries in ethnic areas, greatly promoted local economic development, and improved the living standards and quality of life of local residents. From a cultural perspective, national traditional sports provide spiritual value guidance for casting a strong sense of the Chinese national community. National traditional sports is the precious spiritual wealth and material wealth formed by the minority people in the long history. It not only carries the “tangible” national style and national characteristics of the minority people, but also carries the “intangible” national spirit and national culture of the minority people. For example, the board shoe movement is the embodiment of the Guangxi Zhuang people’s anti-Japanese history and the expression of national characteristics. On the basis of the great family of the Chinese nation, the exchange and learning and cultural collision of various nationalities through traditional national sports are not only conducive to promoting the construction of a sports power, but also gradually laying down national identity, enhancing national identity and cultivating cultural identity in the exchange.

3. The Value Implication of National Traditional Sports Casting the Consciousness of the Chinese Nation Community of Minority College Students

It is an inevitable requirement to maintain the unity and stability of ethnic areas and the long-term stability of the motherland to strengthen the consciousness of the Chinese nation community of college students. Since the new era, the cultural value and social function of traditional ethnic sports have become increasingly prominent, and traditional ethnic sports have also become an effective way to forge the consciousness of the Chinese nation community. Ethnic minority college students are an important part of college students. As the mainstream position of educating and cultivating talents, colleges and universities actively explore and carry out the cultivation of college students’ consciousness of the Chinese nation community is the first meaning of ideological and political education. Therefore, in-depth analysis and discussion of the role of national traditional sports in promoting the awareness of the Chinese national community among minority college students will provide new experience and theoretical support for the ideological and political work of ethnic universities.

3.1 Improve historical self-confidence and enhance the historical identity of the consciousness of the Chinese nation community.

The national traditional sports are the condensation and “concretization” of the excellent traditional culture of the minority people. In the development and teaching of the national traditional sports, the minority college students will continue to improve their historical self-confidence in the development of the movement because of their own growth process and cultural conservation, and further enhance the sense of identity of the Chinese nation community.

First of all, minority college students and national traditional sports have a common historical origin, which lays the foundation for continuously improving historical self-confidence. The national traditional sports itself is the wisdom and civilization gathered by the ancestors of ethnic minorities in the long history. The growth and development of ethnic minority college students is always inseparable from the influence of national traditional sports. Under the long-term influence, the minority college students not only reflect their own proficiency and understanding in the development of national traditional sports, but also express their recognition and pride from history and culture. Secondly, in the face of the exchange and collision of different cultures, the minority students can feel the inclusiveness and unity of the Chinese nation family, and more consciously and effectively stimulate the historical identity of the Chinese nation community consciousness. The Chinese nation is a unified multi-ethnic country. Since ancient times, China has always attached importance to and protected the development of national characteristics and national culture. At the beginning of the founding of the People's Republic of China, China clearly put forward the system of regional ethnic autonomy. In recent years, the strategic position of traditional ethnic sports in building a socialist sports power has been gradually improved, and various types of traditional ethnic sports events have also emerged in an endless stream. The particularity of minority college students also determines that they will inevitably become the undertakers and practitioners of carrying forward the traditional ethnic sports culture and cultivating the confidence of national culture and history. Under the influence of long-term national traditional sports events, on the one hand, minority college students enhance their sense of self-confidence in their own national culture, on the other hand, they strengthen their sense of identity with the Chinese nation's community consciousness, and finally become the new era youth who promote national unity and the unity and stability of the motherland.

3.2 Cultivate Patriotism and Enhance the Spiritual Identity of the Community Consciousness of the Chinese Nation

The formation of national traditional sports has its own special historical and national characteristics, but the great national spirit with patriotism as the core runs through the whole development. In the development and teaching of national traditional sports, minority students can understand the excellent national culture in the movement, cultivate patriotic feelings in the movement, and subtly strengthen their sense of belonging to the consciousness of the Chinese nation community.

First of all, the formation of national traditional sports itself is coupled with patriotism, which cultivates strong patriotic feelings for minority students. In the study and exchange of national traditional sports, minority students can deeply feel the glorious culture and long history of the Chinese nation through external sports forms, greatly stimulate the pride and sense of belonging of Chinese excellent national culture, and guide students to become a patriotic, responsible and civilized youth of the times. For example, the board shoe movement in Guangxi was formed to commemorate the coastal anti-Japanese war led by Mrs. Wa in Baise. Secondly, the cultural collision in the national traditional sports will clearly highlight the great national spirit with patriotism as the core, and greatly enhance the

spiritual identity of the minority student group for the Chinese nation and the Chinese nation community consciousness. Whether it is the national spirit with patriotism as the core or the spirit of the times with reform and innovation as the core, the national traditional sports always run through it and actively highlight the great national spirit core in the continuous development. In the development of national traditional sports, minority students will take national traditional sports as a link, understand the spiritual culture of the nation in the movement, and then deeply feel the spiritual culture of the Chinese nation, and finally gradually enhance the spiritual identity of the Chinese nation community consciousness in cultural exchanges.

3.3 Shaping Value Guidance and Enhancing the Cultural Identity of the Chinese Nation Community Consciousness

As a product of human spiritual civilization, sports is full of inspiration, infection and conquest for human development (Yin & Shi, 2022). It is one of the positive factors that guide and influence human behavior. The inheritance of culture needs a certain material carrier, and the traditional ethnic sports carry the excellent traditional culture of the ancestors of ethnic minorities. In the development and teaching of national traditional sports, minority student groups can subtly shape value guidance in sports, build cultural identity, and then cast a strong sense of the Chinese national community.

First of all, the cultural attributes of national traditional sports are a favorable means to shape the value guidance of minority college students. Since ancient times, sports have actively carried a profound cultural heritage and a long historical tradition. In sports, it has shown unparalleled spiritual strength and urged generations of Chinese people to continue to forge ahead. Whether it is the “Qijiaquan” and “board shoe movement” formed by the ancient anti-Japanese war, or the spirit of the women’s volleyball team and the spirit of the Winter Olympics in the current era, the spiritual power of sports constantly inspires the Chinese people to continue to move forward, and the national traditional sports also play an important role in value guidance and cultural construction for minority college students. Secondly, national sports are the bridge and link of cultural exchange. In the movement, the minority college students deeply feel the close connection and flesh-and-blood connection between the Chinese nation and the minority families, and subtly enhance the cultural identity of the Chinese nation community consciousness (Zhou, 2021).

4. The Value Implication of National Traditional Sports Casting the Consciousness of Chinese National Community of Non-minority College Students

The traditional national sports not only contains the excellent traditional culture of the ancestors of ethnic minorities condensed in the long history, but also highlights the long historical culture and humanistic tradition of the Chinese nation. Non-minority college students are the main part of college students. Promoting non-minority college students to forge a strong sense of the Chinese nation community through traditional ethnic sports is not only conducive to the promotion and inheritance of traditional ethnic sports, but also has great practical significance for promoting national unity, social

stability and national unity.

4.1 Understand the History of National Traditional Culture and Consciously Cultivate the Consciousness of the Chinese Nation Community

First of all, the national traditional sport is an excellent cultural representative of the minority people, which contains the long history and excellent core of the excellent culture of the minority, and is the main carrier and main way of dissemination and promotion. For non-minority college students, most of them come from non-ethnic areas. The ways and channels for them to learn and understand minority culture are mostly through indirect forms, which is difficult to feel intuitively or experience personally. In this case, the national traditional sports as a carrier, on the one hand, directly to the college students to show the specific form of movement, action, competition and its rules and so on; on the other hand, it indirectly promotes the spontaneous learning and self-understanding of non-minority college students, promotes the understanding of the cultural history of ethnic minorities while cultivating interest, and subtly cultivates the consciousness of the Chinese national community. Secondly, the traditional sports of ethnic minorities themselves have a strong cultural attribute, and this cultural attribute contains the requirements and values of casting the consciousness of the Chinese nation community. For non-minority students, the invisible cultural attributes of minority traditional sports not only promote college students to feel minority culture through sports, but also promote the dissemination and development of culture, consciously and spontaneously construct the values and world outlook of the Chinese national community consciousness from the student body, so as to achieve the purpose of cultivating the Chinese national community consciousness.

4.2 Learning National Traditional Sports and Consciously Practicing the Purpose and Requirements of the Chinese Nation Community

First of all, the teaching and development of traditional ethnic sports in colleges and universities will promote the overall participation and overall learning of college students. For non-minority college students, it will effectively promote them to consciously practice the purpose and requirements of the Chinese nation community in sports. First, through the national traditional sports can strengthen the cultural exchanges between the various ethnic groups of college students, widely cultivate national unity consciousness. Second, through the national traditional sports can promote the development and inheritance between the national culture, in the exchange of learning, development, enrichment and sublimation, enhance the concept of national unity. Secondly, non-minority students' learning of national traditional sports and extensive participation in national traditional sports events are themselves the embodiment of practicing the consciousness of the Chinese nation community. In the movement, the college students can not only feel the minority culture and enhance the sense of pride and satisfaction as the sons and daughters of the Chinese nation, but also strengthen the exchange and learning of different cultures in the exchange, and deeply realize the importance and inevitability of the consciousness of the Chinese nation community, so as to consciously and spontaneously become the practitioners and communicators of the consciousness of the Chinese nation community. Under the

premise of the development of the strategic goal of the great rejuvenation of the Chinese nation, we should pay attention to the practical significance of the national spirit in the community of the Chinese nation. For the traditional sports culture, it has realized the partial integration of the national spirit in the long-term development, reform and inheritance. It can be said that the traditional sports culture spirit is the projection of the national spirit in the cultural project, which lays the foundation of the socialist core values and plays an indispensable role in the guidance of the value orientation in the national development.

5. The Realization Path of National Traditional Sports Casting College Students' Consciousness of Chinese National Community

It is a long-term strategic task to build up the consciousness of the Chinese nation community, which requires the joint efforts and promotion of many parties. In this historical process, national traditional sports, with its own characteristics, has always been a good “bridge” to promote the deepening and development of the consciousness of the Chinese nation community. Under the new historical conditions, we must actively coordinate the leading role of colleges and universities, the main role of college students and the guarantee role of the state and society. In the face of the different characteristics of different student groups, we should formulate characteristic teaching activities, continuously strengthen the consciousness of the Chinese national community of college students, and promote the peace, stability, unity and unity of the motherland.

5.1 Always Adhere to the Moral Education and Teaching Students in Accordance with Their Aptitude, Firmly Grasp the Leading Role of the University Position

The development and learning of national traditional sports is an important link to promote the construction of a socialist sports power and an important step to promote the modernization of sports in the new era. First of all, the traditional sports of ethnic minorities is not only a comprehensive form of national culture, but also a cultural open system for free exchange of material and information with the outside world (Ni & Pan, 2022). It always depends on and interacts with the surrounding cultural environment system. In colleges and universities in ethnic areas, national traditional sports have a broad mass base and cultural foundation. Colleges and universities must actively play a leading role in specific activities, pay attention to the characteristics of different student groups, always adhere to the teaching concept of moral education and teaching methods according to their aptitude, and play the ideological and political teaching role of national traditional sports. Secondly, in the process of giving full play to the leading power of colleges and universities, we must actively expand and publicize national culture and national history, so as to enhance the sense of identity and belonging of the Chinese national community consciousness of minority college students.

5.2 Always Adhere to the Initiative and Innovation, Firmly Grasp the Main Role of the Student Group

National traditional sports are the material manifestation of Chinese civilization formed by the ancestors of all ethnic groups in the long history, and the “living” soul of the excellent culture of

Chinese national sports. At present, in the face of the impact of various mainstream sports, there are still many problems in the development of national traditional sports among college students, such as small coverage, small number of participants and low level of understanding. These problems greatly hinder the inheritance and development of national traditional sports. Under the new historical conditions, the role of minority college students as “masters” is becoming more and more prominent due to their compatibility with national traditional sports. In the process of promoting national traditional sports to cast the consciousness of the Chinese nation community, we must profoundly grasp the propaganda of minority college students and the learning of non-minority college students. The main role of the group, advocating the active responsibility and positive action of the minority college students, promoting the active learning and active practice of the non-minority college students, and coordinating the development of the college students in the process of casting the consciousness of the Chinese nation community. Continue to promote cultural exchanges and learning in the innovation, and ultimately promote the college students to consciously become the strugglers to promote the unity and stability of the motherland.

5.3 Always Adhere to the Overall Planning and Systematic Arrangement, Firmly Grasp the Role of the State and Society

The national traditional sports culture is an important part of Chinese excellent traditional sports culture and an important content to promote the creative transformation and innovative development of Chinese culture. In the process of educating and cultivating talents in colleges and universities, the promotion of national traditional sports to strengthen the consciousness of the Chinese nation community must rely on the promotion and coordination of various parties and build a holistic strategic deployment and arrangement.

First of all, the state and society must actively pay attention to and protect the development and inheritance of national traditional sports, and create a good social atmosphere and sports platform. In recent years, in the face of the continuous impact of mainstream sports, the inheritance and protection of national traditional sports has become the need of the times. National traditional sports is an important source of confidence in the Chinese nation’s sports culture and history. It is not only conducive to enriching and developing the excellent sports culture of the Chinese nation, but also conducive to promoting the construction of soft power of socialist sports power. In addition, the construction of a good sports atmosphere and sports platform also requires national and social security and capital investment. Secondly, the state and society must actively undertake or host various sports events and national games, and actively play the sports value and cultural value of national traditional sports. The soft power of sports culture is an important part of building a strong socialist sports culture country. The national traditional sports are not only the “bridge” and “blood” to cast the consciousness of the Chinese nation community, but also carry rich social value, cultural value and economic value. The state and society should not only do a good job in security work, but also actively use and give full play to the advantages of national traditional sports to promote the inheritance and development of

national culture. Protect national cultural heritage in development, and subtly promote the common consciousness of the Chinese nation into the brain and heart in protection.

6. Conclusion

China is a unified multi-ethnic country with a vast land area. There are also many ethnic minorities in various ethnic areas and border areas. The Chinese dream of realizing the great rejuvenation of the Chinese nation is the common expectation of the Chinese people of all ethnic groups for thousands of years. For the frontier ethnic areas, it is the fundamental ideological guarantee and political premise of all work tasks to strengthen the consciousness of the Chinese nation community. Under the new historical conditions, it is an inevitable requirement to realize national unity and safeguard national unity to strengthen the consciousness of Chinese national community among college students. Colleges and universities are the main positions to carry forward national traditional sports and strengthen the consciousness of Chinese national community. A deep understanding and grasp of the role of national traditional sports in promoting the consciousness of Chinese national community among college students will provide new path selection and experience reference for colleges and universities in ethnic areas to create a new chapter in strengthening the consciousness of Chinese national community.

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