Original Paper

Exploring the Integration of Excellent Traditional Chinese Culture into Higher Vocational English Education from a

Min Wang¹

Cross-cultural Perspective

Received: January 18, 2024 Accepted: February 22, 2024 Online Published: March 27, 2024

Abstract

In the context of globalization and cultural diversity, higher vocational English education not only needs to focus on language skills development but also should emphasize the enhancement of students' cross-cultural communication abilities. As a spiritual treasure of the Chinese nation, the integration of excellent traditional Chinese culture into higher vocational English education holds significant importance in cultivating talents with international perspectives and cultural confidence. In this regard, this paper, from a cross-cultural perspective, explores the necessity and approaches of integrating excellent traditional Chinese culture into higher vocational English education. Firstly, the necessity of integrating excellent traditional Chinese culture into higher vocational English education is addressed, including enhancing students' cultural confidence and national pride, promoting the improvement of students' cross-cultural communication abilities, and enhancing the cultural connotations and practicality of English teaching. Secondly, specific integration approaches are discussed, including the integration of teaching materials and curriculum content, innovation in teaching methods and means, and enriching campus culture and extracurricular activities. By integrating Chinese traditional festivals, historical stories, idioms, and other cultural elements, employing interactive teaching methods such as scenario-based teaching and role-playing, and organizing cultural experience activities such as traditional Chinese cultural festivals, calligraphy, and Chinese painting, excellent traditional Chinese culture can be effectively integrated into higher vocational English education to enhance students' cultural literacy and cross-cultural communication abilities. Finally, the paper emphasizes the importance and practical significance of integrating excellent traditional Chinese culture into higher vocational English education from a cross-cultural perspective, calling for vocational colleges to focus on cultural integration and inheritance in English education, and to

¹ Chengdu Textile College, Chengdu 611731, Sichuan Province, China

cultivate talents who can confidently communicate and showcase the charm of Chinese culture on the international stage.

Keywords

Cross-cultural perspective, Excellent traditional Chinese culture, Higher vocational English education, Integration approaches

1. Introduction

In today's era of globalization, cross-cultural communication has become commonplace. With the development of economic globalization and cultural diversification, international exchanges are becoming increasingly frequent, placing higher demands on individuals' cross-cultural communication abilities. As important bases for cultivating applied talents, higher vocational colleges not only bear the task of imparting language knowledge but also shoulder the important responsibility of cultivating students' cross-cultural communication abilities. In this context, integrating excellent traditional Chinese culture into higher vocational English education can not only enhance students' cultural confidence and national pride but also promote students' cross-cultural communication abilities, laying a solid foundation for their future international exchanges.

Excellent traditional Chinese culture is a treasure of the Chinese nation, embodying rich knowledge in history, philosophy, art, and science. It is not only the carrier of the Chinese national spirit but also the source of cultural confidence for the Chinese nation. Integrating excellent traditional Chinese culture into higher vocational English education can help students better understand and inherit Chinese culture, enhancing their sense of identity and pride in Chinese culture. At the same time, by learning historical stories, idioms, literary works, and other cultural aspects of Chinese culture, students can improve their language expression abilities and cultural literacy, laying a good foundation for future international exchanges and cooperation.

Furthermore, English education from a cross-cultural perspective places more emphasis on cultural exchange and integration. Introducing excellent traditional Chinese culture into the teaching process can not only enrich teaching content and stimulate students' interest in learning but also cultivate students' cross-cultural communication abilities, enabling them to confidently showcase themselves and spread Chinese culture on the international stage. In summary, the integration of excellent traditional Chinese culture from a cross-cultural perspective is an important direction for the reform of higher vocational English education. This paper will explore the necessity and approaches of integrating excellent traditional Chinese culture into higher vocational English education from a cross-cultural perspective, aiming to provide reference and guidance for the reform and development of English education in vocational colleges.

2. The Necessity of Integrating Excellent Traditional Chinese Culture into Higher Vocational English Education

In the context of globalization, cross-cultural communication has become a norm. For higher vocational colleges' English education, it is not only necessary to impart language knowledge but also to focus on cultivating students' cross-cultural communication abilities and cultural literacy. Excellent traditional Chinese culture, as a treasure of the Chinese nation, holds significant importance in higher vocational English education.

2.1 Enhancing Students' Cultural Confidence and National Pride

Excellent traditional Chinese culture is the product of the long-term historical development of the Chinese nation, containing rich knowledge in history, philosophy, art, science, etc. Integrating it into higher vocational English education can help students gain an in-depth understanding of their cultural roots and enhance their sense of identity and pride in Chinese culture. Cultural confidence is the core of national spirit. After realizing the profoundness and unique charm of their culture, students will be more confident in presenting the charm of Chinese culture to the world.

2.2 Promoting the Improvement of Students' Cross-cultural Communication Abilities

Cross-cultural communication ability refers to the ability to communicate effectively in different cultural backgrounds. Integrating excellent traditional Chinese culture into higher vocational English education allows students to not only learn the language but also understand the differences between Chinese and Western cultures and learn how to respect and understand others in cross-cultural communication. Through comparative learning, students can better master the skills of cross-cultural communication and improve their communication abilities in international exchanges.

2.3 Enhancing the Cultural Connotations and Practicality of English Teaching

Traditional higher vocational English education often focuses too much on imparting language knowledge while neglecting the cultural background and practical application of the language. Integrating excellent traditional Chinese culture into teaching can enrich teaching content, enabling students to increase their understanding and interest in culture while learning the language. In addition, by learning historical stories, idioms, poetry, etc., students can not only improve their language expression abilities but also become more proficient in practical communication.

In conclusion, the integration of excellent traditional Chinese culture into higher vocational English education holds significant importance. It can enhance students' cultural confidence and national pride, promote the improvement of students' cross-cultural communication abilities, and enhance the cultural connotations and practicality of English teaching. Therefore, higher vocational English education should focus on integrating excellent traditional Chinese culture to cultivate talents with international perspectives and cultural literacy.

3. Approaches to Integrating Excellent Traditional Chinese Culture into Higher Vocational English Education from a Cross-cultural Perspective

3.1 Integration of Teaching Materials and Curriculum Content

Teaching materials and curriculum content are important carriers for imparting knowledge and culture in higher vocational English education. Integrating excellent traditional Chinese culture into teaching materials and curriculum content is an effective approach to cultural education.

Firstly, introducing Chinese traditional festivals into teaching materials, such as the Spring Festival and the Mid-Autumn Festival, by introducing the history, customs, and food of these festivals, allows students to understand the unique charm of Chinese culture. In addition, related classroom activities can be organized, such as making dumplings and moon cakes, allowing students to experience Chinese traditional culture firsthand.

Secondly, historical stories and idioms are the essence of Chinese culture and can be integrated into English teaching. By telling historical stories such as "Romance of the Three Kingdoms" and "Dream of the Red Chamber", students can not only improve their language expression abilities but also increase their understanding of Chinese history and culture. Teaching idioms can be combined with English vocabulary and grammar points, allowing students to learn the wisdom of Chinese culture while learning the language.

Finally, combining the discussion of current hot topics to explore the cultural differences between East and West is an effective way to enhance students' intercultural communication skills. Teachers can select international news, cultural exchange activities, etc., as teaching materials to guide students in discussing the differences between Eastern and Western cultures in values, ways of thinking, behavioral habits, and so on, thereby enhancing students' cultural sensitivity and adaptability.

3.2 Innovation of Teaching Methods and Approaches

Innovating teaching methods and approaches is a crucial means to improve teaching effectiveness and stimulate students' interest in learning.

Scenario-based teaching is an effective method that combines language knowledge with cultural content. Teachers can create a realistic language environment, such as simulating traditional Chinese weddings, festival celebrations, etc., allowing students to communicate in English within these scenarios. This teaching method not only enhances students' language proficiency but also allows them to experience Chinese culture in practical contexts.

Role-playing is another creative teaching method. By assigning different roles, such as ancient Chinese scholars, modern Chinese youth, etc., students engage in dialogues and performances in English. This approach enhances students' language expression skills while enabling them to better understand the characteristics and behaviors of individuals from different cultural backgrounds.

Additionally, utilizing multimedia technology to showcase visual images of Chinese culture is an intuitive and effective teaching method. Teachers can use videos, pictures, and other multimedia resources to present Chinese landscapes, traditional arts, folk activities, etc., allowing students to

visually experience the unique charm of Chinese culture and enhance their cultural immersion.

3.3 Enrichment of Campus Culture and Extracurricular Activities

Enriching campus culture and extracurricular activities are indispensable aspects of vocational English education, providing students with more opportunities to practice and experience outstanding traditional Chinese culture, thereby enhancing their perception and understanding of culture.

Organizing cultural experience activities such as traditional Chinese cultural festivals, calligraphy, Chinese painting, etc.

Vocational colleges can regularly hold Chinese cultural festivals, showcasing traditional Chinese holidays, customs, arts, etc., allowing students to experience the charm of Chinese culture in a relaxed and enjoyable atmosphere. For example, during the Spring Festival, activities such as dumpling making, hanging lanterns, writing couplets, etc., can be organized for students to experience traditional Chinese customs firsthand.

Calligraphy and Chinese painting are important components of traditional Chinese culture. Establishing calligraphy and Chinese painting interest groups or courses enables students to learn and appreciate Chinese calligraphy and painting through practice. By personally writing Chinese characters and painting Chinese paintings, students not only improve their artistic cultivation but also gain a deeper understanding of the aesthetic concepts and philosophical thoughts in Chinese culture.

Conducting Sino-English cultural exchange events and inviting foreign teachers and students to participate.

Sino-English cultural exchange events are effective cross-cultural communication activities. By inviting foreign teachers and students to participate, a platform for cultural exchange between China and foreign countries can be established, providing students with opportunities to communicate with people from different cultural backgrounds and share their cultural characteristics and experiences. In such exchange activities, students can introduce Chinese traditional culture, such as Chinese festivals, customs, traditional arts, etc., in English while also learning about the cultural characteristics of other countries. This interactive learning approach not only enhances students' English communication skills but also strengthens their cross-cultural communication abilities and international perspectives. In addition, schools can also organize international cultural festivals, foreign film appreciation sessions, etc., allowing students to experience and appreciate the differences and charm of different cultures through comparison, cultivating their tolerance and respect for multiculturalism. In conclusion, through diverse campus culture and extracurricular activities, vocational colleges can create more opportunities for students to engage with and experience outstanding traditional Chinese culture, effectively promoting the improvement of students' cultural literacy and comprehensive development.

4. Implementation Strategies and Challenges

4.1 Teacher Quality and Capacity Improvement

4.1.1 Strengthening Teachers' Cross-cultural Communication Training

Teachers of vocational English play a crucial role in the integration of outstanding traditional Chinese culture. Therefore, improving teachers' cross-cultural communication and cultural teaching abilities is a top priority. Teachers should undergo systematic cross-cultural communication training to understand communication rules and cultural differences in different cultural backgrounds, so as to effectively guide students in cross-cultural learning and communication. In addition, teachers should master relevant theories and methods of cross-cultural teaching to better design and implement cultural teaching activities.

4.1.2 Encouraging Teachers to Delve into Chinese Culture and Enhance Their Cultural Teaching Abilities

Teachers should delve into the study of outstanding traditional Chinese culture and master knowledge about its core values, historical background, artistic features, etc. By participating in professional training and academic seminars, teachers can continuously improve their cultural literacy and teaching abilities. At the same time, teachers should actively explore effective ways to integrate Chinese culture into English teaching, design creative teaching activities, allowing students to learn language and culture in an enjoyable atmosphere.

- 4.2 Optimization of Teaching Resources and Environment
- 4.2.1 Building a Rich Repository of Chinese Cultural Teaching Resources

To support the integration of outstanding traditional Chinese culture, schools should establish a rich and diverse teaching resource library. These resources can include cultural background materials, case studies, multimedia teaching materials, etc., covering various aspects of Chinese history, literature, art, philosophy, etc. By providing abundant teaching resources, teachers can more flexibly design courses, allowing students to understand and experience Chinese culture from multiple perspectives.

4.2.2 Creating an Open and Inclusive Campus Cultural Atmosphere

Schools should strive to create an open, inclusive, and multicultural campus environment. This can be achieved by organizing cultural exchange activities, setting up cultural experience areas, showcasing multicultural works, etc. In such an environment, students can not only freely express their cultural views but also come into contact with and understand different cultural traditions, thereby cultivating their cross-cultural understanding and respect.

4.3 Enhancing Student Participation and Interest

In the process of integrating outstanding traditional Chinese culture into vocational English education from a cross-cultural perspective, stimulating students' participation and interest is crucial. Active participation and strong interest from students not only improve learning efficiency but also deepen their understanding and identification with Chinese culture.

Firstly, designing teaching activities based on students' interests and needs is an effective strategy to

stimulate student participation. Teachers can understand students' interests and learning needs through questionnaires, discussion sessions, etc., and then design teaching activities based on this information. For example, if students are interested in traditional Chinese festivals, teachers can organize activities such as role-playing and handicraft making related to the festivals, allowing students to learn language and culture through hands-on experience.

Secondly, teaching activities with strong interactivity can effectively enhance student participation. Introducing forms such as group discussions, debates, cultural exhibitions, etc., during teaching can encourage students to actively speak up, exchange ideas, not only increasing the liveliness of the classroom but also promoting communication and cooperation among students, thereby improving their participation and interest in learning.

Finally, encouraging students to explore and experience Chinese culture actively is an important way to stimulate interest. Teachers can guide students to participate in cultural experience activities, such as visiting museums, watching traditional dramas, learning Chinese calligraphy, etc., allowing students to experience the charm of Chinese culture in practice. At the same time, teachers can encourage students to learn independently using online resources, such as watching Chinese movies, reading Chinese literature, etc., to enhance students' understanding and interest in Chinese culture.

In summary, by designing teaching activities based on student interests, increasing classroom interaction, and encouraging students to explore and experience actively, students participation and interest can be effectively stimulated, creating a good learning atmosphere for the effective integration of outstanding traditional Chinese culture into vocational English education.

5. Limitations Analysis

When discussing the incorporation of excellent traditional Chinese culture into vocational college English education from a cross-cultural perspective, we should also be aware of some limitations in this process:

Firstly, limitations in resources and facilities may affect the effective integration of Chinese cultural elements. Despite the efforts of many vocational colleges to enhance teaching resources, in some regions, especially those with limited resources, a lack of adequate teaching facilities and cultural experience facilities may restrict students' comprehensive experience and learning of Chinese culture. Secondly, the professional competence and cultural literacy of teachers are also important limiting factors. Integrating excellent traditional Chinese culture requires teachers to have certain cultural knowledge and cross-cultural teaching abilities. However, not all English teachers possess these abilities, particularly in terms of traditional cultural knowledge, and some may require further training and learning.

Finally, student acceptance and cultural identity pose a challenge. In the context of globalization, some students may have a stronger curiosity and affinity for Western culture, leading to relatively lower interest in local culture. This situation may affect the effectiveness of integrating Chinese culture into

English teaching.

In summary, although integrating excellent traditional Chinese culture into vocational college English education is significant and valuable, it still faces challenges in terms of resources, teacher capabilities, and student acceptance. These limitations need to be overcome through continuous efforts and improvements.

6. Conclusion

In the context of globalization, cross-cultural communication has become an inevitable requirement of the times. As an important means of cultivating applied talents, vocational college English education should not only teach language knowledge but also focus on cultivating students' cross-cultural communication abilities. In this process, the integration of excellent traditional Chinese culture undoubtedly serves as a significant entry point. It not only enriches the content of English teaching and increases students' cultural confidence but also promotes the enhancement of students' cross-cultural communication abilities, laying a solid foundation for their future international endeavors.

Firstly, the integration of excellent traditional Chinese culture can enhance students' cultural confidence and national pride. By learning about China's history, philosophy, and art, students can have a deeper understanding of the profoundness of Chinese culture, thereby enhancing their sense of cultural identity and pride. This cultural confidence is an important foundation for students to step onto the international stage, making them more confident and composed in cross-cultural communication.

Secondly, the integration of excellent traditional Chinese culture can promote the improvement of students' cross-cultural communication abilities. By comparing the differences between Chinese and Western cultures, students can better understand communication habits and ways of thinking in different cultural backgrounds, thus becoming more adept in practical communication. Additionally, through participating in cultural experience activities, role-playing, etc., students can practice their communication skills in practical settings, enhancing the effectiveness of cross-cultural communication.

However, to effectively integrate excellent traditional Chinese culture into vocational college English education, there are still some challenges. Firstly, the cross-cultural communication abilities and cultural teaching abilities of teachers need to be further enhanced. Teachers should not only possess solid language teaching skills but also have profound cultural literacy and cross-cultural communication abilities. Secondly, optimizing teaching resources and environments is also an important task. Schools need to provide abundant Chinese cultural teaching resources and create an open and inclusive campus culture atmosphere to promote students' understanding and experience of Chinese culture. Lastly, sparking students' interest in learning and participation is key to achieving the integration of Chinese culture. Teachers need to design creative teaching activities based on students' interests and needs, encouraging them to actively explore and experience Chinese culture.

In conclusion, the integration of excellent traditional Chinese culture from a cross-cultural perspective

is an important direction for the reform of vocational college English education. By strengthening teacher training, optimizing teaching resources and environments, and stimulating students' interest and participation, Chinese culture can be effectively integrated into vocational college English education, cultivating applied talents with international perspectives and cultural literacy.

References

- Chen, X. H. (2017). The current situation and countermeasures of the integration of excellent Chinese traditional culture in higher vocational English education. *Science and Technology Information*, (35), 105-106.
- Guo, L. J. (2016). Analysis of the ways to integrate Chinese traditional culture into higher vocational English teaching. *Educational Modernization*, *3*(33), 57-58.
- Li, H., & Wang, F. (2019). Research on the integration of Chinese traditional culture in higher vocational English education from a cross-cultural perspective. *Foreign Languages and Foreign Language Teaching*, (2), 88-92.
- Liu, S., & Feng, L. (2018). Exploring the integration of Chinese traditional culture into English language teaching: A case study in a Chinese university. *International Journal of English Linguistics*, 8(4), 145-152. https://doi.org/10.5539/ijel.v8n4p145
- Wang, L. (2015). Research on the integration of excellent Chinese traditional culture in higher vocational English teaching. *Science and Education Wenhui (late issue)*, (12), 226-227.
- Wang, L., & Culhane, S. F. (2015). The integration of traditional Chinese culture in modern English language teaching. *Journal of Language Teaching and Research*, 6(1), 1-6. https://doi.org/10.17507/jltr.0601.01
- Zhang, L. N. (2018). Research on the integration path of Chinese excellent traditional culture in higher vocational English education. *Vocational and Technical Education*, *39*(36), 70-74.
- Zhang, Y., & Li, X. (2017). Incorporating Chinese cultural elements into college English education in the context of globalization. *English Language Teaching*, 10(9), 95-100. https://doi.org/10.5539/elt.v10n9p95