

Original Paper

An Analysis on the Path of Integrating Lei Feng Spirit into High School Ideological and Political Lessons

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Abstract

Lei Feng spirit, as one of the first great spirits to be included in the spiritual pedigree, contains rich spiritual connotation and educational value. High school ideological and political course is the key course to carry out the fundamental task of moral education. The integration of Lei Feng spirit into high school ideological and political lessons is conducive to the implementation of the fundamental task of moral education, is conducive to promoting the high-quality development of high school ideological and political teaching, and is also conducive to training good young people in the new era. Therefore, this paper puts forward practical approaches from three aspects of teachers, classroom and after-class practice, namely, improving teachers' literacy and carrying out teaching research activities; Grasping the main channel of classroom, innovating teaching links; Connect the second class and create an extra-curricular learning atmosphere.

Keywords

High school ideological and political class, Lei Feng spirit, Path

1. Introduction

Practice has proved that no matter how The Times change, the Lei Feng spirit will never be outdated. On the new journey, it is necessary to deeply grasp the connotation of The Times of Lei Feng spirit and let Lei Feng spirit bloom more brilliant light in the new era.

2. The Connotation of Lei Feng Spirit

2.1 A Firm Belief in Loving the Party, the Motherland and Socialism

Members have always maintained absolute political sobriety, maintained a firm political stance, put the future and destiny of the Party and the country at the forefront, and devoted themselves to socialist

construction (Gao & Wang, 2023). The firm belief of loving the Party, loving the motherland and loving socialism occupies the first place in Lei Feng's spirit, which is not only Lei Feng's lofty ideal, but also Lei Feng's spiritual motivation to serve the people wholeheartedly and selflessly, and also the essence of Lei Feng's spirit in the long river of history." I just have one heart and one eye," Lei wrote in his diary on August 20, 1960. "I am committed to the Party, to socialism and to communism." Lei Feng spirit is a vivid interpretation of our Party's original mission, nature and purpose. In the short brilliant life, Lei Feng put his ideals and beliefs into practice, put the exercise of ideological consciousness into practice, consciously combined the personal pursuit with the party's cause, the fate of the country and the future of the society, selfless dedication, sacrifice oneself for the public, contribute his wisdom to the prosperity and development of the country, and realize the unity of personal value and social value.

2.2 Dedication to Serving the People and Helping Others

Lei Feng always has the people in his heart, and delights in the happiness of the people and the happiness of the people. "Serving the people wholeheartedly" is not only the essence and core of the spirit of Lei Feng, but also the source and motivation of the spirit of Lei Feng to maintain strong vitality for a long time, but also the most distinctive characteristics and the most profound connotation of the spirit of Lei Feng. Lei Feng once wrote in his diary" (2020), Human life is limited, but there is no limit to serving the people, and I want to devote my limited life to serving the people indefinitely", "The proletarian movement is an independent movement for the interests of the vast majority of the people." Lei Feng consciously, voluntarily and actively helps the disadvantaged groups, combines personal political beliefs and great aspirations, integrates them into the great practice of serving the people, creates a good social fashion of "one for all, all for one", and further promotes the construction of social spiritual civilization.

2.3 Work Line Love Line, Dedicated Line Fine Line of Professionalism

Professionalism is the foundation of hard work and the brightest background of dream pursuers of The Times (Lei, 2023). Through the ages, those who have achieved success in their career can not be separated from two things: one is a strong sense of professionalism and responsibility, and the other is persistent diligence and efforts. The organic combination of these two is professionalism. Comrade Lei Feng once said, "The role of a person is like a screw in a machine for the revolutionary cause." Although the screw is small, its effect is inestimable. I will always be a screw." He spent his life in a number of jobs, not afraid of hardship, not afraid of fatigue, hard work for each job, meticulous, excellence, in ordinary posts to create extraordinary achievements, to make important contributions to the development of the country and society, which is Lei Feng often said "screw spirit". The spirit of Lei Feng vividly interprets the spiritual outlook of socialist workers, is a vivid display of socialist core values at the individual level, and is also an important premise for constantly improving oneself and realizing one's own value.

2.4 Forge ahead and Strive for Innovation

Innovation is the primary driving force for development, the soul of a nation's progress, and an

inexhaustible driving force for a country's prosperity (2023). Lei Feng in the three months of new recruits training, throwing is weak, he will seize all the time to train hard, many times to consult his comrades, and finally excellent results; After becoming a driver, he drove the car to run around all day, it was difficult to have time to study, so he put the book in the satchel, carry around. As long as the car stops, there is no other task, read carefully in the cab. Comrade Lei Feng once wrote in his diary: "Some people say that they are busy with work and have no time to study. I think the problem is not whether you are busy or not, but whether you are willing to study and whether you will squeeze time. There is time to learn, the question is whether we are good at squeezing, willing to drill. A fine board, there is no eye on it, but why can the nails be driven into it? That's how you force your way in. From this point of view, the nail has two advantages: one is the squeeze, the other is the drill. In learning, we should also advocate this 'nail' spirit, and be good at squeezing and drilling." Adhering to the spirit of "nail" to learn knowledge, practice skills, constantly enrich their own knowledge system, actively improve their own comprehensive quality and innovation ability, regardless of difficulties and obstacles, to contribute to the national cause, this is the spiritual wealth given to us by Comrade Lei Feng.

2.5 The Entrepreneurial Spirit of Hard Work and Frugality

Hard work, regardless of pay, thrift, hard work, is the outstanding characteristics of Lei Feng spirit, but also our Party's fine tradition (Yang, 2024). Comrade Lei Feng once said, "In work, we should look to the most motivated comrades; In life, we must keep up with the lowest level of comrades." He cherished the historical opportunities in his life, was not afraid of difficulties and obstacles, and was determined to make achievements worthy of the Party and the people in his post. Frugality, hard work, when going to a middle school in Fushun to make a theme report, eat with the students, eat the same food, and never engage in specialization. When he left school after dinner, he paid the school principal for his meals. The entrepreneurial spirit of hard work, diligence and frugality is the precious spiritual wealth left by Comrade Lei Feng to us, and still has far-reaching educational significance today.

3. The Necessity of Integrating Lei Feng Spirit into High School Ideological and Political Lessons

Lei Feng is a model of The Times and a role model for mankind. As a great spiritual force, Lei Feng spirit contains many fine qualities such as diligence, frugality and hard work, and is an important part of red culture. The report of the 20th National Congress pointed out that it is necessary to "arm young people with the Party's scientific theory and inspire young people with the Party's original mission." It is of great significance to integrate the spirit of Lei Feng into the ideological and political course of high school in order to carry out the fundamental task of moral education, promote the high-quality development of the ideological and political course of high school, and promote the training of good young people in the new era.

3.1 Implementing the Fundamental Task of Establishing Moral Integrity and Educating People

Ideological and political course is the key course to carry out the fundamental task of moral education (Zang, Sun, & Li, 2020). Integrating the spirit of Lei Feng into the teaching of high school ideological

and political courses is helpful to promote the implementation of the fundamental task of moral education. In the spirit of Lei Feng, the firm belief in loving the Party, the motherland and socialism can guide high school students to establish lofty ideals, firm ideals and beliefs, and achieve the unity of loving the Party, loving the country and loving socialism; The dedication spirit of serving the people and helping others can help high school students establish the consciousness of people first, develop a good character of "I am for everyone", serve the people and contribute to society; The dedication spirit of love and dedication can promote high school students to focus on their current studies, be serious, practical, meticulous, armed with theory, and actively participate in the practice of the great rejuvenation of the Chinese nation; The innovative spirit of forging ahead and striving for self-improvement can encourage the majority of high school students to be proactive, brave and innovative, and lead individual new development with innovative thinking to adapt to the rapidly changing society; The entrepreneurial spirit of hard work and frugality can inspire the majority of high school students to carry forward the fine tradition of hard work and frugality, contribute their own strength to socialist construction and realize their own value. Integrating Lei Feng spirit into high school ideological and political lessons is a practical need to implement the fundamental task of cultivating people, help solve the fundamental problem of "what kind of people to cultivate, for whom to cultivate people", and also help high school students form a correct world outlook, outlook on life, values, and promote high school students to become talented as soon as possible.

3.2 Promote the High-quality Development of High School Ideological and Political Courses

The promotion effect of integrating Lei Feng spirit into high school ideological and political courses on the high quality development of ideological and political courses is mainly embodied in two aspects: theory and reality. Theoretically speaking, the spirit of Lei Feng, as a great spiritual force, has deep Marxist theoretical implication behind it. Integrating it into the ideological and political course of high school is of great significance to highlight the theoretical depth of the ideological and political course. From a practical point of view, it is very important to integrate Lei Feng's spirit into high school ideological and political lessons for social progress and personal development. In recent years, with the changes of The Times and the development of society, the spirit of Lei Feng has been distorted and alienated. The spirit of Lei Feng is an available teaching resource. Taking the life story of Comrade Lei Feng as a case in ideological and political teaching, combining the spirit of Lei Feng with the hot issues of The Times and the social reality can give a strong response to the misinterpretation and alienation of Lei Feng's spirit to a certain extent, and provide value guidance for the progress of society. In addition, the incorporation of Lei Feng spirit into high school ideological and political lessons will also help guide high school students to consciously resist the distortion and alienation of Lei Feng spirit, help high school students deeply understand the connotation of Lei Feng spirit, grasp the true meaning of Lei Feng spirit, and promote the healthy physical and mental development of high school students.

3.3 Cultivating Good Young People in the New Era

Senior high school students are in the key period of the formation of world outlook, outlook on life and

values. It is an inevitable choice to integrate the spirit of Lei Feng into senior high school ideological and political teaching to cultivate good young people in the new era. Good young people in the new era have ideals, dare to take responsibility, can bear hardships, and are willing to struggle with the deep connotation of Lei Feng spirit. Ideological and political lessons should be "educating people for the Party, educating people for the country", and high school students should tree patriotic aspirations, report on national conditions, firm ideals and beliefs, and strive to become a good young people in the new era. As a Communist Party member, Lei Feng, guided by his firm ideals and beliefs, transformed his beliefs into practice. In study, actively study Marxist theory, with rich theory armed mind; In the work, wholehearted, down-to-earth, hard work. The spirit of Lei Feng will be integrated into the teaching of high school ideological and political courses, strengthen the ideals and beliefs of high school students, guide high school students to carry forward the fine tradition of hard work, diligence and frugality, so as to cope with various risks and challenges from reality, and encourage high school students to strive to be good young people in the new era.

4. The Spirit of Lei Feng into the Main Problems of High School Ideological and Political Lessons

4.1 The Integration of Lei Feng Spirit and Classroom Teaching is not Enough

Under the background of exam-oriented education, high school students are faced with problems such as tight learning time and high pressure, and teachers overemphasize the study of subject knowledge and teach in a single way, so the problem of insufficient integration of Lei Feng spirit and classroom teaching appears. First, teachers adhere to the "only score theory" and ignore the cultivation of spiritual culture. Scores become the only standard to measure the ability of students. Teachers overemphasize subject knowledge, lack awareness of the active integration of Lei Feng's spirit, and even use the method of instilling theories to teach, resulting in a lack of classroom interaction and students' low enthusiasm for learning. Second, teachers do not adhere to the principle of integration of knowledge. In the course of classroom teaching, although teachers taught students the spirit of Lei Feng as a relevant teaching resource, they only emphasized the important and difficult points combined with the books, and did not strengthen the guidance of students' values. As a kind of spiritual power, Lei Feng spirit is very important for high school students to form the correct three views. Third, teachers do not practice the principle of combining theory with practice. In terms of basic ideas, the "Ideological and Political Curriculum Standards for ordinary high Schools (2020)" advocates the construction of activity-based curriculum and emphasizes the combination of education and social practice. Therefore, to improve the effect of integrating Lei Feng spirit into high school ideological and political lessons, we need to create practical links appropriately. At present, the textbooks of ideological and political courses in high schools may not meet the needs of classroom teaching in all schools. Schools can create situations based on local characteristics and school-based characteristics, organize classroom teaching, and stimulate students' resonance to promote classroom teaching.

4.2 Some Teachers Lack the Awareness of Using Lei Feng's Spirit

With the promulgation of the document of the Ministry of Education "The Implementation Plan of the Education System on Learning and Carrying forward the Spirit of Lei Feng in the New Era and Carrying out the activities of Learning from Lei Feng", school leaders and teachers have also realized the educational value contained in the spirit of Lei Feng. However, because some teachers' understanding of the spirit of Lei Feng is not deep enough, the teaching method tends to be simple, it is difficult for students to understand the spirit of Lei Feng at a deeper level, and the enthusiasm to learn the spirit of Lei Feng is weakened. In high school ideological and political classroom under the background of exam-oriented education, indoctrination teaching has become the main way of teaching, teachers are limited to textbooks and teaching AIDS, one-way instilling book knowledge to students, and lack of teaching resources related to Lei Feng spirit. They think that more emphasis on exam key points, points to students, so that students can flexibly respond to the exam, and mining the spirit of Lei Feng delay the learning process. Relevant teaching materials have not been expanded, and students cannot deeply understand the rich connotation of Lei Feng's spirit. Although some teachers have a basic understanding of the spirit of Lei Feng, when the teachers integrate the spirit of Lei Feng into the process of high school ideological and political lessons, they do not give students appropriate teaching evaluation, students do not get feedback, and the integration cannot achieve good results. Moreover, due to the time limit of 45 minutes in class, some teachers do not grasp the allocation of class time, giving students little time to think, organize and summarize knowledge.

4.3 Lack of Practical Links

Since most schools and teachers attach importance to teaching quality and aim to improve the enrollment rate and students' scores, students' theoretical knowledge mostly comes from the classroom. To integrate Lei Feng spirit into high school ideological and political lessons, simple theory is not enough, but also need to practice. Practice can strengthen and enhance understanding and create practical links, which will greatly enhance the effect of integrating Lei Feng spirit into high school ideological and political lessons, deepen students' cognition of Lei Feng spirit, and guide students to internalize Lei Feng spirit in mind and externalize it in action.

4.4 Some Schools are not Enough to Support Lei Feng's Spirit into High School Ideological and Political Lessons

The construction of high school campus culture is rich and varied, but some schools do not involve Lei Feng spirit in the construction of campus culture. The release of the document "Education System Implementation Plan for Learning and Carrying forward the Spirit of Lei Feng in the New Era" makes most schools realize the necessity of learning the spirit of Lei Feng, and the construction of campus culture related to this is also indispensable, so as to give play to the role of campus culture and deepen the understanding of Lei Feng spirit among high school students. Promote the spirit of Lei Feng into the process of high school ideological and political lessons. At the same time, some schools carry out Lei Feng spirit education by watching films related to Lei Feng, visiting Lei Feng memorial hall and

other cursory activities, failing to give high school students value explanation combined with the rich connotation of Lei Feng spirit, which also reflects that the school's publicity and support for the integration of Lei Feng spirit into high school ideological and political lessons is not enough.

5. Lei Feng Spirit into the Path of High School Ideological and Political Lessons

5.1 Give Full Play to the Role of the Main Channel in the Classroom and Innovate Classroom Teaching Links

Ideological and political course is the key course to carry out the fundamental task of moral education. It is difficult to achieve good results by integrating Lei Feng's spirit into high school ideological and political lessons only by relying on traditional teaching methods. Therefore, schools should seize the main channel of ideological and political class, require teachers to do a good job in the spirit of Lei Feng and high school ideological and political lessons into the work at the same time, innovation teaching links, enhance the continuity of integration, the spirit of Lei Feng into the high school ideological and political curriculum to speak deeply, transparent, speak alive.

Take "Promoting the spirit of the Chinese Nation" as an example. In the pre-class preview, let the students collect "Lei Feng spirit" related materials, think about the "Lei Feng spirit" and "the spirit of the Chinese nation" what the relationship; In the link of introduction, you can play the documentary TV film "Forever Lei Feng" to import, so that students can intuitively feel the image of Lei Feng; In the lecture section, Lei Feng spirit and the content of the textbook are taught, and students are guided to put forward their own views on the relationship between Lei Feng spirit and the spirit of the Chinese nation. Guide students to clarify the development and change of national spirit; In the consolidation link after class, students can be organized to visit Lei Feng Memorial Hall, or to carry out various forms of Lei Feng theme education activities.

The "Lei Feng Spirit" as a complete teaching carrier, into the ideological and political class, and from the knowledge, feeling, meaning, action from many aspects of education work, guide students to recognize the "Lei Feng spirit" emotionally, practice "Lei Feng spirit" in behavior.

5.2 Improve Ideological and Political Teachers' Literacy and Ability to Use Lei Feng Spirit-related Resources

The key to a good ideological and political course lies in teachers. To integrate Lei Feng's spirit into high school ideological and political lessons, the quality and ability of teachers of ideological and political lessons are particularly important. High school students are in a critical period of physical and mental development and their thinking is active, which also puts forward higher requirements for ideological and political teachers: teachers should keep pace with The Times, explore and innovate, and improve their personal qualities from different aspects. Ideological and political teachers should firmly stand on politics and guide students to establish a correct political direction. High school ideological and political courses should not only emphasize the teaching of theoretical knowledge, but also have temperature. Teachers should pay more attention to the mining of teaching resources related to Lei

Feng spirit and enrich the teaching content while carrying out theoretical teaching.

From the perspective of the new teacher view, teachers should become researchers in education and teaching, which means that ideological and political teachers should constantly update their educational concepts, establish a correct view of curriculum resources, actively develop teaching resources related to the spirit of Lei Feng, and apply them to teaching, so as to deepen high school students' cognition of the spirit of Lei Feng and promote its inheritance and development. Improve the effect of Lei Feng spirit into high school ideological and political lessons. For example, teachers of ideological and political courses can broaden their horizons, deepen their understanding of the spirit of Lei Feng by participating in relevant lectures and forums on the spirit of Lei Feng, summarize and organize, and make videos related to the spirit of Lei Feng for teaching.

5.3 To Carry out Practical Activities Related to Lei Feng's Spiritual Education

Ideological and political class is the first class for teachers and students to learn, but in order to achieve the best teaching effect and fully integrate Lei Feng spirit into senior high school ideological and political class, it is necessary to carry out appropriate practical activities to ensure the continuity and depth of integration work. The Marxist practice view holds that practice is the only standard to test the truth of knowledge, and guides students to actively participate in practice, cultivate the spirit of hard work and struggle, the spirit of diligence and frugality, and so on. Ideological and political lessons should adhere to the principle of combining theory and practice, and achieve the unity of knowledge and action, so as to guide high school students to internalize Lei Feng's spirit in mind and externalize it in action. First, carry out school practice activities. To deepen high school students' understanding of Lei Feng spirit, in addition to the theme class meeting, we can also hold various forms, healthy and elegant learning Lei Feng cultural activities and artistic practice activities, such as the "Lei Feng Spirit is never out of date" keynote speech activities, and encourage students to create Lei Feng spirit-related poems and articles. Second, carry out off-campus practice activities. Expand the form and content of volunteer activities, give full play to the important role of education such as Lei Feng Memorial Hall, organize students to carry out research activities, so that students can truly feel the spirit of ancestors who are brave and brave to move forward. Through the implementation of practical activities, strengthen the spiritual education of Lei Feng in high school students, guide students to internalize the activity experience into a strong political identity, and externalize into practical actions to carry forward and inherit the spirit of Lei Feng.

5.4 Create a Good Campus Cultural Environment

In order to integrate Lei Feng spirit into high school ideological and political lessons better and more deeply, schools should create a good campus cultural environment, and play an important role in campus culture. Schools can display Comrade Lei Feng's advanced deeds by setting up cultural corridors and cultural walls, so that students can absorb spiritual nutrients and learn from Comrade Lei Feng. In addition, campus radio and newspapers can also be used to play a role in educating people, publicizing the spirit of Lei Feng, deepening students' understanding of the spirit of Lei Feng,

improving students' ideological character, and inheriting the spirit of Lei Feng. In addition, schools should also pay attention to the construction of "soft environment", build a good relationship between teachers and students that is democratic, harmonious and equal, and create a beautiful campus environment. For example, schools should create a good atmosphere for reading, encourage teachers and students to actively read books and materials related to Lei Feng spirit, and strengthen their understanding of Lei Feng spirit. At the same time, teachers, teachers and students can exchange after reading experience, gather wisdom, so that the spirit of Lei Feng internalized in the heart.

6. Discussion

In short, the spirit of Lei Feng, as a valuable spiritual wealth, has far-reaching significance for the implementation of the fundamental task of moral education and the realization of the curriculum objectives of high school ideological and political courses. Senior high school students are in the critical stage of physical and mental development. As the main front of moral education, the ideological and political class can imperceptibly influence students and purify their minds by integrating Lei Feng's spirit into the ideological and political class. With the help of practical activities to sublimate the learning effect, encourage students to internalize Lei Feng's spirit in the mind and externalize it in the practice. Similarly, moral education workers in schools should also change their understanding, proceed from reality, make active use of learning, and promote the spirit of Lei Feng to take root and sprout in students.

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