

Original Paper

The Basic Connotation and Practice Path of College Students' Spiritual Life and Common Prosperity

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Abstract

Common prosperity is the essence of socialism, and common prosperity of spiritual life is the due meaning of common prosperity. When young people prosper, the country prospers, and when young people are strong, the country is strong. College students, as builders and successors of the great practice of socialism with Chinese characteristics, promote the common prosperity of college students' spiritual life is necessary for the rejuvenation of the great responsibility of the nation, and meets the realistic expectations of college students' needs for a better life. New era, new journey. In the face of great changes unseen in a century, contemporary college students should grasp the importance of ideals, beliefs, moral cultivation and cultural self-confidence, so as to construct a learning consciousness, implement socialist core values, strengthen ideological and political education, carry forward the great spirit of struggle, and finally realize the common prosperity of college students' spiritual life. This is of great significance for China to build a great modern socialist country and realize the great rejuvenation of the Chinese nation.

Keywords

Spiritual life, Common prosperity, Core socialist values, Strong culture

1. Introduction

Material prosperity and spiritual prosperity are the fundamental requirements of socialist modernization. Material poverty is not socialism, nor is spiritual poverty socialism. This important statement shows that to promote the development of Chinese-style modernization, we must promote the prosperity of both material life and spiritual life. College students are the inheritors and successors of socialism with Chinese characteristics and an important force in building a great modern socialist country and realizing the great rejuvenation of the Chinese nation. Promoting common prosperity in the spiritual life of college

students is of vital significance to the development of the cause of socialism with Chinese characteristics in the new era.

2. The Common Prosperity of College Students' Spiritual Life is the Proper Meaning of Common Prosperity

2.1 Common Prosperity of College Students' Spiritual Life is an Important Content of Common Prosperity

Spiritual prosperity is an important part of common prosperity and an essential requirement of socialism. The realization of common prosperity requires the realization of both material and spiritual prosperity. Chinese-style modernization means “modernization in which material and spiritual civilization develop in harmony.” For Western countries, the prosperity they pursue is the prosperity of one part of the people or the polarization of the people. But for China, what we seek is common prosperity for all the Chinese people. We have always adhered to a people-centered development philosophy, insisting that development is for the people, by the people and the fruits of development are shared by the people. At the same time, we pay attention to expanding the size of the middle-income group, protecting the interests of the people materially, and providing positive energy and colorful spiritual and cultural products at the spiritual level to meet the people's pursuit of spiritual life, promoting common prosperity of the people's spiritual life, and resolutely preventing polarization.

A new era, a new journey. The deepening practice of socialism with Chinese characteristics has led to an important transformation of the principal contradiction facing Chinese society. It has now evolved into the contradiction between unbalanced and inadequate development and the people's ever-growing needs for a better life. This shows that China is committed to achieving the development of all people and paying attention to the common prosperity of the people's spiritual life.

A country prospers when young people thrive, and a country is strong when young people are strong. College students, as a representative group of the majority of young people, are the future of the country, the hope of the nation, and the main force in realizing the Chinese dream of great national rejuvenation. The general Secretary also pointed out that common prosperity in spiritual life is an important part of common prosperity. By common prosperity, we mean common prosperity for all the people, prosperity in both material and spiritual life of the people, not prosperity for a few people or uniform egalitarianism. College students, as an important group of national prosperity and rejuvenation, should correctly understand and understand that common prosperity is the prosperity of both material life and spiritual life, and should not only focus on the focus and struggle goal only on the material level, thus ignoring the importance of spiritual prosperity. The common prosperity of college students' spiritual life is an important content of common prosperity, and promoting the common prosperity of college students' spiritual life is of great importance for our country to achieve common prosperity.

2.2 The Common Prosperity of the Spiritual Life of College Students is the Realistic Expectation of College Students for a Better Life

The common prosperity of college students' spiritual life is their realistic expectation for a better life. If the reasonable needs of college students for a better life are not satisfied, it is difficult to stimulate the development motivation of college students to pursue a better spiritual life. To meet the needs of college students for a better life, it is necessary to have sufficient material resources, have a better material life, and lay an economic foundation for adequate spiritual life; It also requires sufficient spiritual resources to provide more public spiritual and cultural resources. Spiritual needs cannot be satisfied without a rich and high-quality supply of spiritual and cultural products, and high-quality consumption cannot be achieved without high-quality production, and "an individual's spiritual reality depends entirely on the richness of his practical relationships". Now that we have entered the stage of high-quality development, we should not blindly export the "quantity", but pay more attention to the "quality" of spiritual culture. If the spiritual resources provided do not conform to the core values of socialism and the progress and development of society and history, it will also mislead college students.

As socialism with Chinese characteristics has entered a new era and the principal contradiction in society has been transformed, college students' ever-growing needs for a better life have become an issue we must pay close attention to, which is closely related to their environment and spiritual character. College students are the builders and successors of socialism, and they are also an active group in pursuit of "the needs of a better life". Meeting their needs for a better life is of great significance to the common prosperity of spiritual life. Faced with the current information and intelligent society, emerging science and technology such as big data and artificial intelligence can be relied on to improve the quality and accuracy of spiritual and cultural products, and ensure that the spiritual and cultural resources provided can better serve college students. Through the independent improvement of ideological and moral cultivation, scientific and cultural level and spiritual realm of college students, together with the positive guidance of the society, to build a plateau of spiritual civilization, to "discard the dross" of old rules and customs that are not in line with the trend of social and historical development, to resolutely resist the wrong social trend of thought that attempts to harm national development and social progress, and to enhance the ability of college students to distinguish right from wrong. To create a social atmosphere full of positive energy, and constantly promote the common prosperity of college students' spiritual life.

2.3 Common Prosperity in the Spiritual Life of College Students is an Important Symbol of Promoting Modernization

The people are the creators of history, the creators of social material and spiritual wealth, and the decisive force for social change. Common prosperity means "common prosperity for all the people". College students, as representatives of youth groups, are not only an important force in creating social material wealth, but also an important force in creating spiritual wealth. This vivid language just proves that the Chinese style of modernization is the prosperity of material life and the prosperity of spiritual life are important modernization, and the common prosperity of material life and the common prosperity of

spiritual life should complement each other and depend on each other. To steadily promote the common prosperity of the spiritual life of college students, we should not only “enrich the pockets”, that is, consolidate the material foundation of modernization and improve the living standards of college students; It is also necessary to “enrich the head”, strengthen the guidance of socialist core values, strengthen the ideological and political education of college students, and realize the all-round development of college students, which is of great significance for China to realize the modernization of socialist power.

3. The Basic Connotation of Common Prosperity in the Spiritual Life of College Students

3.1 Firm Ideal and Belief is the Value Orientation of College Students' Spiritual Life and Common Prosperity

Ideals guide the direction of life, faith determines the success or failure of career. Ideal and belief is the spirit of “calcium”, lose ideal and belief, or ideal and belief is not firm, the spirit will lack of “calcium”, will get “chondrosis”. To achieve common prosperity in the spiritual life of college students is to guide them to strengthen their belief in Marxism, foster the great ideal of communism and the common ideal of socialism with Chinese characteristics, and properly handle the relationship between the great ideal of communism and the common ideal of socialism with Chinese characteristics. Only by stepping step by step, stage by stage, keeping in mind our original aspiration and our mission to strive for the common ideal of socialism with Chinese characteristics can we realize the great ideal of Communism. If we lose our ideals and beliefs, the struggle of college students will lack goals and meaning. Young college students are the hope of the country, the future of the nation, shouldering the great cause of national rejuvenation. College students should closely combine their personal dreams with the Chinese dream, integrate the realization of their dreams into the process of the great rejuvenation of the Chinese nation, strengthen their ideals and convictions, better devote themselves to the practice of socialism with Chinese characteristics in the new era, and devote their youth to the motherland.

3.2 Improving Moral Cultivation is a Basic Requirement for College Students to Achieve Common Prosperity in Their Spiritual Life

A country cannot prosper without virtue, and a person cannot stand without virtue. Morality is the standard and norm of people's common life and behavior; Self-cultivation is the correct attitude to treat people and do things. Morality is of fundamental significance to the individual and to the society. The first thing to do is to uphold morality and cultivate one's self. Under the profound changes unseen in a century, the international situation is changing rapidly, and we are faced with complex and grave situations both at home and abroad. The erroneous social trends are pervasive and seamless, seriously harming the spiritual life of college students. How to improve the ideological and moral quality and scientific and cultural level of college students and win in the fierce competition is particularly important. College students should correct the attitude of learning school theory courses, put ideology and morality in the first place, and start from the most basic truth of life and work. Attaching importance to

after-school cultural learning, paying attention to the knowledge on the wall of campus culture, often going to the library to read books, and listening to academic lectures in their spare time, these not only improve their own moral quality in an all-round way, but also understand the importance of moral cultivation in the future growth and success. At the same time, we should learn from the wise, do things in accordance with the standards of moral norms, think more about others, and find out their own shortcomings to be modest and correct. In addition to learning theories, we should also pay attention to training ourselves in daily life. Moral cultivation is a long process of cultivation, with classmates and friends to encourage each other, mutual supervision, common progress.

As the contemporary college students, we shoulder the important historical mission of carrying on the past and opening up in the new historical orientation, the new development stage, the new development concept and the new development pattern, and we have to accept a variety of different cultural impacts. China should not only adapt to the trend of globalization, but also stick to the path of socialism with Chinese characteristics that suits its national conditions. The future is bright and the road is bumpy. For the prosperity of the motherland, college students must improve their ideological and moral cultivation and pursue the common prosperity of the spiritual world.

3.3 Enhancing Cultural Self-confidence is an Important Part of the Common Prosperity of the Spiritual Life of College Students

The common prosperity of the spiritual life of college students requires a firm cultural confidence. “Cultural confidence is a more basic, broader and deeper confidence”. It comes from both the extensive and profound 5,000-year fine cultural history of China and the clear-cut judgment to cope with the impact of diverse cultures. Cultural confidence is a strong spiritual support for national unity and struggle and for carrying forward the great spirit of struggle. The rejuvenation of a nation needs strong material strength as well as strong spiritual support. Without cultural confidence, there will be no common spiritual prosperity for all the people, and no national rejuvenation. Common prosperity in the spiritual life of college students requires every young person to strengthen their cultural self-confidence. Only by vigorously carrying forward the core socialist values, striving to improve the level of social civilization, so that college students are generally influenced by culture, have the ability to distinguish good and evil from right and wrong, can they consciously resist wrong western trends of thought and enhance their spiritual strength can they achieve common prosperity in their spiritual life.

Building a strong culture is an important foundation for the common prosperity of college students’ spiritual life. When culture prospers, the country prospers, and when culture is strong, the country becomes stronger. Culture is the soul of a nation and a country. Culture is an important force for the survival and development of a nation. Without a broad and profound culture, it is impossible for a country to stand in the family of nations. Without the guidance of culture, there can be no common prosperity in the spiritual life of college students. Enhancing the soft power of culture and making the fine Chinese culture known to the world is conducive to enhancing China’s voice in the international community. To enhance the cultural soft power, we need to improve the ideological and moral quality

and scientific and cultural level of college students, enhance their spiritual realm and expand their spiritual pattern.

4. The Practice Path of College Students' Spiritual Life and Common Prosperity

4.1 Construct College Students' Learning Consciousness and Promote the Common Prosperity of Their Spiritual Life

At present, there are problems in the quality of spiritual life of college students in our country, the deepest root is that college students themselves do not pay much attention to spiritual life prosperity. If we only rely on the unilateral "indoctrination" of the school, the training effect of college students is not as strong as the two-way interaction of college students with their own active learning consciousness. Only by enhancing college students' consciousness of building a rich spiritual life can they be effectively guided to make a correct decision on their choice of spiritual life style. This is the premise of realizing the common prosperity of the spiritual life of college students. But achieving common prosperity is not an easy task. In particular, the realization of common prosperity of spiritual life requires college students to take the initiative to improve their ideological and moral quality and scientific and cultural literacy. If college students do not pursue the consciousness of spiritual life, but only passively accept "indoctrination", it is neither effective nor long-term solution. Therefore, in the pursuit of spiritual life, college students need to construct the consciousness of realizing the common prosperity of spiritual life. College students should set up correct world outlook, outlook on life and values. Positive consciousness has a positive impact on people's physiological activities. We should establish a positive and optimistic attitude towards life and face difficulties in life with a positive attitude. This requires not only to make college students aware of the positive attitude towards life and the importance of a rich and colorful spiritual life to the development of individuals, society and the country, but also to guide some wrong values in college students to positive development, such as negative attitude towards life, "Buddhist system", "lying flat" and other views that are not conducive to the development of individuals, society and the country. To help college students correctly understand the relationship between material life and spiritual life, and establish a correct "concept of justice and interests" and "concept of reason and desire". In addition, college students born in China, a fertile land with 5,000 years of rich historical deposits, should also take the initiative to learn the excellent culture of the Chinese nation, which is also in line with the requirements of "three full education". In terms of the training mechanism, it is not only necessary for college students to construct their learning consciousness, but also for all aspects of school, family and society to participate and cooperate with each other, so as to ensure that excellent traditional culture can be better reflected in the training of college students and play a positive role in promoting the common prosperity of college students' spiritual life.

4.2 Carry out the Socialist Core Values and Lead the Spiritual Life of College Students to Common Prosperity

Core values carry the spiritual pursuit of a nation and a country, embody the value standard for a society to judge right and wrong, are the spiritual bond on which a nation depends, and are the common ideological and moral foundation of a country. Without the common core values, a nation or a country will be in a limbo and have no place to go. Core socialist values embody the essential requirements of socialist ideology, embody the ideological and spiritual quality of the socialist system, embody the essence of advanced socialist culture, represent the value expression of the path, theory, system and culture of socialism with Chinese characteristics, and provide value guidance for realizing the Chinese dream of the great rejuvenation of the Chinese nation. An affluent and full spiritual life in a good social atmosphere is the requirement of The Times for China to enhance its overall national strength and enhance its voice in the international arena. It is also a realistic manifestation of human civilization entering a higher stage. Strive to create a good social atmosphere, and actively guide college students to deeply learn the socialist core values, so that the socialist core values imperceptibly integrated into the life of college students, to achieve the effect of “common people do not know it daily”, so as to gradually promote the common prosperity of college students.

Environment has a vital impact on people’s own development and the progress of society. The more college students are in a good social atmosphere, the more they can receive the excellent ideology of tolerating diversity and diversity; The more they have correct values, the more they can distinguish and resist all kinds of wrong social trends of thought and distorted value orientation. In the current great changes unseen in a century, a variety of ideological and cultural collision, a variety of social trends of thought surging, the spiritual level of college students is also vulnerable to corrosion. Therefore, it is urgent to create a good social civilization of the new fashion. By creating a good new fashion of social civilization, so as to enhance the attention of all college students to the spiritual life.

The internalization of socialist core values into the spiritual pursuit of college students can not be completed overnight, but needs a subtle guidance process. We should pay attention to the combination of explicit education and invisible education. The content of socialist core values should be integrated into education and teaching, so as to enter textbooks, classrooms and minds. Through academic lectures and publicity and education of role models, college students can be guided to have a more comprehensive understanding of spiritual life. At the same time, we should also pay attention to the guidance of family and society. The family is the first school of life, and parents are the children’s first teachers. Good family atmosphere and good family education help college students to consciously inject correct spiritual genes in their growth. In addition to giving full play to the dominant and recessive educational functions, it is also necessary to promote the practice of college students’ socialist core values, promote their externalization into practical actions, and take root in practice. For example, we should advocate college students to participate in voluntary activities, volunteer teaching in poor areas, nursing homes for the elderly and actively carry out social practice activities. Give full play to important festivals, such as

commemorating the significant advantages of disseminating mainstream social values such as the 129th and May 4th Movements of college students, and guide college students to internalize the core socialist values in their hearts and externalize them in their actions.

4.3 We should Strengthen Ideological and Political Education and Promote the Common Prosperity of College Students' Spiritual Life

The ideological and political courses in colleges and universities with moral education as the fundamental task should closely focus on the fundamental problem of “who to train, how to train and for whom to train”, and play a key role in training a large number of high-quality talents with both moral and talent. The Marxist worldview and methodology is a generalization of theory from the height of philosophy, and dialectical materialism and historical materialism are its core meaning and ideological essence.

Strengthen the ideological and political education of college students, make full use of the campus learning platform, construct the spiritual community of college students, so as to promote the common prosperity of college students' spiritual life. The spiritual community is embodied in the college students' cultivation of common interests and adjustment of interest conflicts based on the same ideology such as ideological morality and cultural belief, so as to achieve universal spiritual identity. Ideological and political education through full study of Chinese excellent traditional culture, advanced socialist culture, etc., into textbooks, into the classroom, into the mind, so as to enhance the recognition of all college students for socialism with Chinese characteristics and cultural confidence, complete the construction of spiritual community. In addition, the ideological and political education should pay attention to the national spirit with patriotism as the core and the spirit of The Times with reform and innovation as the core, that is, the Chinese spiritual education. The great Chinese spirit rooted in the fertile soil of the Chinese nation should take root and sprout in the hearts of college students, so that college students can sincerely recognize the excellent traditional Chinese culture and deeply accept the irrigation of ideological and political education. Promote the common prosperity of the spiritual life of college students from the inside and outside.

4.4 Carry forward the Great Spirit of Struggle and Achieve Common Prosperity in the Spiritual Life of College Students China's Socialist Practice has Fully Proved that

China has experienced from “standing up” to “getting rich” and then to “getting strong”, no matter in which period of revolution, construction and reform, it is not achieved “verbally”, nor can it win “on paper”, but every revolutionary ancestor carried forward the great spirit of struggle, shed their heads and shed their blood for it. It is a great new revolution to promote the common prosperity of college students' spiritual life. From “no one poor” to “let all rich” is a process for college students to achieve all-round development, a process for the whole society to undergo deeper changes, and a process for socialism with Chinese characteristics to move to a higher stage. Promoting common prosperity in the spiritual life will not be achieved in a short period of time, nor can it be achieved with mere words. We must make long-term preparations for the great cause of achieving common prosperity in the spiritual life of college students.

The realization of common prosperity in spiritual life depends on the joint efforts of all college students. To realize the common prosperity of spiritual life of college students is the process of realizing the all-round development of college students, which is a more advanced goal and realm. The prosperity of spiritual life can only be achieved through the externalization of college students' deep consciousness and spiritual power. The spiritual life can not be obtained by other people's help or other forms like the material life. In addition, the realization of the common prosperity of the spiritual life of college students not only requires the enrichment of individual spiritual life, but also highlights the word "common", that is, it should be completed as the common cause of all college students. Individuals actively create spiritual wealth and integrate into the group, society and country through various practical activities, which not only improves the quality of individual spiritual life, but also improves the quality of individual spiritual life. And promote the civilization level of the whole group of college students, society and country. Co-construction is only a process. After "developing production to a scale that can meet the needs of all people", all the people can share the fruits of development. This is the meaning of common prosperity of spiritual life. Only by allowing the struggle gene to take root and sprout in the hearts of college students and devoting themselves to study and life with high spirits can they internalize the common prosperity of spiritual life in their hearts and externalize it in their actions.

5. Epilogue

The common prosperity of the spiritual life of college students is a great and magnificent cause, but also a complex project. The practice of socialism with Chinese characteristics has fully proved the importance of the coordinated development of material prosperity and spiritual prosperity. Compared with material prosperity, spiritual prosperity is a deeper and more powerful force. On the way to achieve common prosperity in the spiritual life of college students, grasp the importance of ideals and beliefs, moral cultivation and cultural confidence in enriching their spiritual life, construct a sense of learning and self-consciousness, implement the core values of socialism, strengthen ideological and political education, carry forward the great spirit of struggle, and devote themselves to realizing all-round personal development. In order to better serve the collective, the society and the country, and realize the common prosperity of college students' spiritual life. On the road of socialism with Chinese characteristics in the new era, we will strive to build a great modern socialist country and realize the great rejuvenation of the Chinese nation.

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