# Original Paper

# Study on the Dilemma and Countermeasures of Learning

# English for Art Students in Colleges and Universities

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#### Abstract

With the intensification of globalization, English has become an important tool for international communication. However, for art students in colleges and universities, they face a series of dilemmas in English learning due to the limitations of their professional characteristics and disciplinary requirements. Through survey research and literature review, this paper analyzes the main problems of art students in colleges and universities in English learning, and puts forward corresponding countermeasures to help them better cope with their English learning dilemmas.

## Keywords

Art Students in Colleges and Universities, English Learning Difficulties, Countermeasures

## 1. Introduction

With the advance of globalization, English has become one of the main tools for global communication and competition. In this context, art students in colleges and universities need to have good English skills to adapt to their future career development. However, they often face some dilemmas in learning English due to the long period of time they spend on their specialized courses and the focus of their studies on the art field. The purpose of this paper is to analyze the dilemmas of art students in colleges and universities in the process of learning English through systematic survey research and literature review, and to put forward corresponding countermeasures to help them improve their English proficiency effectively.

#### 2. English Learning Difficulties of Art Students in Colleges and Universities

2.1 Challenges Posed by Heavy Loads of Specialized Courses, Insufficient Curricula and Characteristics of Disciplines

Art students in colleges and universities usually need to devote a lot of time and energy to learning and practicing art skills due to the special characteristics of their major courses. This leads to the fact that students are often unable to fully concentrate on English learning and have limited time for English learning.

The English curriculum of art majors in some colleges and universities is too simple to meet the needs of students' English learning. Many course contents are repetitive or too targeted, lacking broader knowledge of English and the ability to use it.

The first dilemma faced by art students in colleges and universities is the challenge posed by the characteristics of the discipline. The requirements of art majors are mainly focused on aesthetic ability, creativity and artistic expression, while English learning focuses on language accuracy and logic. There is a certain conflict between these two requirements, which makes students feel difficult in learning English.

### 2.2 Students Have Insufficient Vocabulary, Grammatical Errors and Listening Difficulties

Due to the professional characteristics of art students, they have lower vocabulary requirements for English. Therefore, the problem of insufficient vocabulary often occurs in English exams and actual communication, which affects their ability to understand and express themselves in English.

Art students are relatively weak in English grammar and often make grammatical mistakes. This not only affects their accurate understanding of English sentences, but also their ability to express themselves. For art students, they pay more attention to visual and figurative expressions and have a lower need for listening comprehension. As a result, they often have difficulties in English listening and cannot understand the listening materials accurately, which affects their English learning and communication skills.

#### 2.3 Insufficient Motivation and Limitations of the Learning Environment

Compared with art disciplines, students are often not strongly motivated to learn English because they think English is not related to their professional studies and lack the enthusiasm and initiative to learn English. The learning environment of art students in colleges and universities is also one of the important factors in their English learning difficulties. Compared with other majors, art students have limited learning opportunities and scenarios within the school. They are more involved in art practice and lack the opportunity of practical use with English. At the same time, the school's investment in English teaching resources and teachers is relatively small, which makes students lack the necessary support and guidance in English learning.

## 2.4 Problems of Learning Methods

The problem of learning method is also an important factor in the English learning difficulties of art students in colleges and universities. Since English learning is different from that of art majors,

students usually find it difficult to find a suitable learning method for themselves. Many art students pay more attention to practicing actual expression and creativity, while neglecting the learning of basic knowledge and grammar rules, which makes them encounter difficulties in English learning.

# 3. The Analysis of the Reasons for the English Learning Difficulties of Art Students in Colleges and Universities

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#### 3.2 Restrictions of Professional Characteristics and Improper Leaching Methods

Since art students have a relatively low demand for English learning, they pay more attention to the cultivation of professional skills, which leads to less time and energy invested in English learning.

Most of the current English teaching methods in colleges and universities take the improvement of students' examination results as the main goal, neglecting the cultivation of art students' actual English application ability. This kind of teaching method is not conducive to the English learning of art students.

#### 3.3 Improper Attitude and Method of Learning

Some art students have a negative attitude towards English learning, thinking that English learning has nothing to do with their majors, and they lack initiative and enthusiasm in learning. At the same time, they lack effective learning methods and cannot reasonably plan the learning time and content, which leads to poor English learning results.

#### 4. Countermeasures for English Learning Difficulties of Art Students in Colleges and Universities

With the development of globalization, English has become an important tool for international communication. For art students in colleges and universities, mastering good English ability is crucial to their professional development and international communication. However, due to the limitations of their professional characteristics and disciplinary requirements, art students often face some difficulties in English learning. In order to help them better cope with these challenges, the following are some countermeasures for art students' English learning in colleges and universities.

# 4.1 Enhance the Accumulation of Vocabulary and Strengthen the Study of Grammar, Speaking and Listening

Vocabulary is the foundation of language use, which is especially important for art students. They can expand their vocabulary and consolidate it with memorization skills by reading English art books, watching related English videos and participating in related online discussions. In addition, using tools such as word cards and vocabulary books for repeated review is also an effective way to improve vocabulary.

Grammar is the basis of English expression, and learning grammar rules can help art students improve their language accuracy and expression. They can strengthen their understanding and mastery of English grammar knowledge by attending grammar courses, reading grammar books and doing grammar practice problems. Art students often have difficulty in listening in English learning, they can improve their listening level by listening to more English audio materials and attending English speaking training classes. At the same time, they can actively participate in English oral communication activities and practice conversations with others to develop good oral expression skills.

#### 4.2 Seek Suitable Learning Partners and Develop Positive Learning Attitudes and Methods

Studying with other study partners who share the same interests and goals in English learning can stimulate each other's motivation to study and help each other to supervise and help each other. You can establish connections with other students by joining English learning groups, online communities, and teaming up to do projects. At the same time, through the development of mental health education and learning method guidance, we can help art students to establish a correct learning attitude and improve their initiative and enthusiasm in learning. At the same time, they are guided to master effective learning methods, rationalize study time and content, and improve learning effects. Art students can seek diversified learning resources and utilize the Internet and online learning platforms to find rich and diverse English learning resources. For example, watching TED talks, participating in MOOC courses, and using online English learning websites. These resources can provide English learning content in different fields and topics to meet the learning needs of art students.

#### 4.3 Create an English Learning Environment

Art students can improve their English by creating an English learning environment. For example, they can set their cell phones or computers as English interfaces, write diaries or record their experiences in English every day, find English corners to take part in language exchanges and so on. In this way, English can be integrated into daily life and English application ability can be improved.

## 4.4 Adjusting Teaching Methods and Optimizing Curricula

Aiming at the characteristics and needs of art students, teachers can adopt diversified teaching methods, such as visiting English performances, watching English movies, etc., to stimulate their interest in English learning by providing English learning resources and practice opportunities related to their majors. Aiming at the actual needs of art students in colleges and universities, design richer and more diversified English courses, focusing on cultivating students' listening, speaking, reading and writing

skills. Enhance students' interest and motivation in English learning by providing art-related English courses.

#### 5. Conclusion

Art students in colleges and universities face some dilemmas in English learning, but by taking appropriate countermeasures, they can effectively improve their English ability. Emphasizing vocabulary accumulation and grammar learning, listening and speaking more, creating a learning environment, looking for diversified learning resources, regular self-assessment, and seeking suitable learning partners are all effective ways for art students to improve their English learning. At the same time, art students should also maintain patience and perseverance, and improve their English proficiency through continuous efforts and practice, in order to better adapt to the needs of internationalized learning and communication.

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