Original Paper

Historical Review and Prospect of the Rights of Ethnic Minority

Children in Western China

Yan Wang¹

¹ School of Marxism, Tibet University, China

Received: March 2, 2024 Accepted: March 23, 2024 Online Published: April 11, 2024

Abstract

Children are the hope of the country in the future. People have been concerned about the healthy growth of children, pay attention to welfare undertakings, and make practical efforts for children's own interests and long-term development. People attach great importance to this, in order to protect the healthy growth of children, constantly children's health protection work. The author mainly discusses the historical review and prospect of children's health from four aspects: improving the protection of child welfare, improving children's security system, strengthening children's family responsibility and establishing children's self-protection consciousness.

Keywords

student, grow healthily, future expectations

1. We will Improve the Protection of Child Welfare

Many regulations have made provisions on the welfare security of students, China has made great efforts in the work of student welfare security and made outstanding achievements, and always practice the "principle of the best interests of students". However, the student protection regulations still need to be constantly revised and improved to consolidate and develop the achievements made in student welfare protection. On the one hand, the current student regulations specifically for the "student" group of protection provisions still need to be improved, such as the "Minor Protection Law" covers students as citizens, but there is no specific provision for student welfare security. The writing of student welfare protection into the regulations is not only conducive to the implementation of student welfare protection at the institutional level, but also can promote the popularization of the whole society's awareness of student welfare protection and student welfare protection. On the other hand, we should strengthen the clarity and operability of the provisions. The regulation is a weapon to protect student welfare. In the legislation, it should clearly stipulate the responsibilities of the central and local

governments, the budget guarantee related to student welfare protection, specific protection measures and responsible administrative departments, so as to avoid the vague definition of "relevant departments" and "relevant measures". Local governments should further make student welfare more specific according to the provisions, and introduce the corresponding provisions of the implementation opinions, implementation measures, so that the provisions to protect student welfare can really be implemented. Objectivity should be paid attention to when formulating special regulations to protect students' welfare. Seeking reliable theoretical support and legislative basis for the regulations in advance is the premise of formulating special regulations to protect students' welfare. We must examine the welfare of good students easy to suffer how to harm, how to avoid the harm. In formulating special regulations to protect student welfare, we should pay attention to comprehensiveness. Student welfare protection involves students of different ages, students' different welfare, student welfare stakeholders, and other aspects, in the formulation of special regulations can not be involved in all aspects of student welfare, must ensure that the regulations can run through the integration, penetration. When making special regulations to protect students' welfare, we should focus on sustainability. With the development of The Times and the progress of science and technology, the forms of harming students' welfare are more diverse and the means are more complex. Only by constantly improving the regulations, the regulations are constantly specific, detailed, in order to continuously provide security for the welfare of students, to avoid being some people without principles to drill the loopholes of the provisions, harm the welfare of students. At the same time, in the provisions should still take the principle of the best interests of students as the benchmark, the principle of the most conducive to minors as the basis, from the prescribed level to truly achieve the priority of students, to protect the welfare of students.

2. We will Improve the Security System for Children's Welfare

The security system is a social and economic welfare system used to guarantee the basic living and survival needs of social members. At present, people's economic level has been improved, people's happiness has been significantly improved, China's social security system has been improved day by day, and the welfare of students has been basically guaranteed. However, there are still some problems in some places. The economy is relatively backward. The local economy, transportation, education, medical care and other aspects of social security still need to be continuously improved. These problems lead to the phenomenon of differential treatment, small coverage and low security level of the social security system. This phenomenon is more obvious between urban and rural areas and between different groups. Therefore, it is particularly important to establish and improve the student social security system. In the establishment and improvement of the student social security system, should play a positive role, from the student life, education, medical care, mental health and other aspects, society, school, family to participate in the establishment of a comprehensive and systematic security system. Enable students to enjoy the same high-quality social resources as urban children, and promote

the healthy growth of students. This not only guarantees the welfare of students, but also helps to narrow the gap between the rich and the poor and maintain social stability. In improving the social security system of student welfare, on the one hand, it should meet the basic needs of student development. Material is the basic guarantee of life, without the basic material guarantee, the growth and development of students is bound to be restricted. People should increase financial spending on students, attaches great importance to their development and education, can increase the investment of the school construction to ensure the students' right to education, the construction of welfare homes and other basic social welfare facilities to ensure the healthy growth of special students, students rescue team to ensure students grow from the grassroots level, the construction of student hospital in order to reduce the prevalence of students grow from and ensure the healthy growth of students. On the other hand, attention should be paid to the development of students' mental health. Consciousness has an active regulatory action. To ensure students 'mental health is an important way to promote students' all-round development. People can increase the investment in mental health hospitals and psychological counseling information stations, and build a professional team that can pay attention to students 'mental health, ensure that students are growing up to reduce the adverse conditions caused by psychological problems; can build public cultural infrastructure such as libraries, museums, history museums, and carry out effective social practice activities based on students' subjectivity to meet the spiritual needs of students and promote students' physical and mental health and all-round development.

3. Strengthen the Family Responsibility of Child Welfare Protection

Family is the basic living unit of students, but also the main place for students' activities. The implementation of family responsibility can effectively protect the welfare of students. In order to protect the welfare of students in their families, we mainly need to start from two aspects. On the one hand, we should change the feudal concept of the guardian and implement the democratic and scientific educational methods. In some families, parents are authoritarian and regard students as "private things". To do the affairs of students, do not respect students' opinions and views, violate the welfare of students. Parents should respect students, regard students as a welfare subject, communicate and negotiate with them equally, and protect the welfare of students in the family. "Child standard" should be established to strengthen the responsibility of parents. Some parents lack of student-centered sense of responsibility and altruism in the process of raising their children and educating their children. If there is a lack of child-based family education view, there may be holding high the banner of education to students to harm the behavior, such as ignoring the growth of students, student laissez-faire phenomenon. These phenomena will undoubtedly cause harm to the physical and mental health of students, and this harm may still leave trauma in the heart when students grow up. Therefore, it is necessary to effectively educate and guide the parents of students, so that they can establish the correct family concept, treat students with a child-oriented way of thinking, and avoid intentionally or unintentionally hurting

students. On the other hand, the family belongs to the private sector, and the management and education of students is handled by their guardians. When the welfare of students is ignored or violated in the family, students are in a weak position and cannot protect their own interests. The second chapter of the relevant regulations is family protection, requiring guardians to protect the welfare of students, but when the student welfare is injured in the family, the corresponding management measures and supervision departments are not involved. The implementation of student welfare protection in the family still needs people to pay attention to and intervene, deal with the boundary between family private rights and national public rights, and effectively protect the welfare of students in the family. People should help the family to recover their care ability according to the actual situation. From the point of view of students themselves, the most comfortable and beneficial to physical and mental health lifestyle is to live with their parents and accept the upbringing and care from them. Parents help students to grow and develop is also a form in line with the laws and laws of nature. For families with domestic violence, the national or local government can deprive parents of the custody and custody of students, that is, the responsibility of the guardianship of students falls on the relevant departments, which is bound to increase the financial expenditure of the relevant departments. It is more effective to support parents to support students than to fully assume the guardianship and upbringing of students. Therefore, we can rely on parents to support students correctly through forms such as education and training, and we can also help families recover in the way of financial help. And in this process to ensure the authenticity and objectivity, clear the reasons why parents can not fulfill the responsibility of raising students, insight into the methods to solve the problems in the family raising students.

4. Establish Children's Awareness of Self-protection

Students are the subjects to protect themselves, but students rely heavily on adults in the process of exercising welfare. Students do not know anything about their own welfare, have weak self-protection awareness, are unable to clearly express their own needs, and often the welfare is violated without knowing it. Therefore, it is very important to establish students' awareness of self-protection. First, let students know what benefits they have, such as the most basic rights to survival, development, participation; second, understand how to exercise their benefits; finally, how to win their legal benefits when their benefits are neglected or hurt. These problems need the joint efforts of all parties to solve them. In the family, parents should help students correctly understand themselves, understand the law of physical and mental development, establish the concept of self-protection. In schools, we can carry out the theme activities to protect students 'welfare, add law popularization classes, moot court and so on to strengthen students' understanding of welfare protection. In the society, the local government, education departments, courts and other departments can carry out speeches and symposiums related to student welfare protection and other forms to make students establish a sense of self-protection. In the protection of students in the relevant regulations to add some content of student welfare education, so that students understand their legal welfare, effectively exercise their own welfare. To establish

students' self-protection awareness, the following measures can be adopted. First of all, to create a safe environment. Students spend a lot of time in the school, and the safety of the school environment is closely related to the students' safe learning and growth. In the playground, classrooms, stairwells, dormitories and other school public places and private places, should be environmentally friendly soft packaging, as far as possible to prevent students in the corner, table corner and other places easy to be injured. In the family, parents can also choose soft floor mat and other facilities to prevent students from being hurt. A safe environment can subtly influence students' behavior and help students establish a sense of self-protection. Secondly, students should carry out daily life safety education. Daily life safety education, must be combined with age, gender, systematic, comprehensive development of self-protection education for students, with effective, rich, diverse, actual self to protect knowledge armed students' brain, help them in different time, different locations, different conditions keep in mind the idea of self protection. In form, we can teach students the safety knowledge with illustrated courses and fun activities, and help them establish the awareness of self-protection in the fun. Finally, self-protection education activities should be held regularly. When teaching students to establish safety awareness, schools should regularly report self-protection education activities, such as earthquake prevention, fire prevention, flood control and other educational activities against natural disasters, as well as prevent fraud, violence, trafficking and other educational activities against human injury. Students' psychology and thinking is not mature, they in the face of domestic violence, campus violence, and so on and so forth may not realize their disadvantage, through effective education activities, in the form of case interpretation, theory system to help students to realize what situation or behavior is unfavorable to them, can effectively help them set up self-protection consciousness.

5. Pay more Attention to Students' Health

Health is the first need for human survival, which refers not only refer to physical health, but also to mental health. The necessary protection of students' physical and mental health is a necessary prerequisite to ensure other aspects.

In the protection of students 'physical health, it is mainly divided into students' disease treatment and nutrition and health, and the scientific popularization of relevant knowledge. In order to enable sick students to get timely medical treatment and treatment, people formulate corresponding protection policies and establish a sound medical security system. Students 'bodies are in the key stage of growth and development. The popularization of scientific nutrition and health knowledge is an indispensable part of promoting students' physical development and healthy growth. Relevant localities continue to promote the student nutrition and health project, which is a project focusing on infants and children in poor areas, free physical examination and distributing "nutrition kits" for students. In March 2021, relevant departments signed a cooperation agreement with the Health Commission, including supporting and promoting the joint construction of maternity student hospitals as an important part.

Protect and care about the healthy growth of students in addition to pay attention to the healthy growth

of students, but also should pay attention to the internal needs of students, that is, pay attention to students' mental health. Student development regulations point out that we should pay attention to the health of students' psychological development, equip mental health counselors in schools, and hire professional mental health teachers. At present, primary and secondary schools have been generally equipped with mental health teachers, and at the same time actively carry out students' mental health lectures, so that students are faced with mental health problems or emotional discomfort and other problems, can get timely attention and guidance.

Protecting students 'health is of great significance to improving the quality of the population. Relevant departments have been paying attention to the physical and mental health of students, and students' physical and mental health has been greatly improved. Local government continue to improve the quality of women's health, change the child nutrition status and development status, pay attention to students' mental health, strengthen the management of basic public health service system, popularize children's health culture education, establish children's medical system, to promote students' health quality.

6. Epilogue

The welfare of students needs to attract people's attention and attention, because students are young and their cognition is not comprehensive enough, so adults need to make correct guidance to them, so as to ensure that these students will not deviate in the growth, so that students can feel at ease in learning, healthy growth and development. Therefore, we should do our best to protect the healthy growth and development of students, and take the necessary relevant policies and measures to comprehensively and effectively protect students. I believe that in the future, the students will have a broader space for them to fully develop, and the students will grow better and better.

Project

Tibet University Graduate High-level talent Training Program project 2021-GSP-S139

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